

***Temporal profile of central and peripheral neuromuscular
features of acute Organophosphorus poisoning.
A prospective observational clinical study.***

**A DISSERTATION SUBMITTED IN PARTIAL FULFILLMENT OF THE
REQUIREMENT FOR THE M.D. BRANCH I (GENERAL MEDICINE)
EXAMINATION OF THE TAMIL NADU DR. M.G.R. MEDICAL
UNIVERSITY, APRIL 2015**

DECLARATION

I declare that this dissertation titled '**Temporal profile of central and peripheral neuromuscular features of acute Organophosphorus poisoning- A prospective observational clinical study**' has been conducted by me under the guidance and supervision of **Dr. (Prof) Anand Zachariah (MD.)**. It is submitted as a part of the fulfilment of requirement of the award of degree MD General Medicine for 2015 examination to be held under **The Tamil Nadu Dr. M.G.R. University**. I have not submitted this thesis for the award of any degree or diploma from any other university.

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This is to certify that this research work titled **“Temporal profile of central and peripheral neuromuscular features of acute Organophosphorus poisoning-A prospective observational clinical study”** has been done by **Dr. Nirmalraj Francis**, MD general medicine Post Graduate trainee, Christian Medical College, Vellore, India.

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Introduction

Deliberate self-harm is one of the most common problems we encounter in our community. Poisoning is one of the common methods of deliberate self-harm in the world. Poisoning by organophosphorus compound consumption is common among developing countries such as Indian and Srilanka. Organophosphorus poisoning can occur by deliberate ingestion or accidental exposure to skin or ingestion. Morbidity and mortality associated with organophosphorus poisoning is due to development of intermediate syndrome which develops 3 days after the consumption. But

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Introduction

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Organophosphorus induced Encephalopathy has been described in patients with organophosphorus poisoning, both as an early as well as delayed manifestation. But the relationship between the central encephalopathic manifestations and peripheral neuromuscular has not been studied in detail.

In our study we propose to develop a clinical scoring tool to predict the development of intermediate syndrome in patients who present with organophosphorus poisoning and describe the temporal profile of central and peripheral neurological manifestations of organophosphorus poisoning.

ACKNOWLEDGMENTS

First of all I thank the Lord Almighty who has been my source of help and strength throughout my thesis work.

I am grateful to **Dr. Anand Zachariah**, Professor of medicine, my supervisor and guide, for his resourcefulness and scientific commitment. His continued support and encouragement was the key factor for this study to be completed successfully.

My sincere thanks to Dr. Jeyaseelan and Mrs Kavitha for helping me in the data analysis.

I would like thank all my teachers, colleagues and friends for constantly guiding me through the study.

Last, but not the least, I would like to thank my parents for their continuous support throughout the study.

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1. Institutional Review Board approval
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With best wishes,

Dr. Nihal Thomas
Secretary (Ethics Committee)
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Dear Dr. Nirmal Raj Francis,

The Institutional Review Board (Blue, Research and Ethics Committee) of the Christian Medical College, Vellore, reviewed and discussed your project entitled "Scoring system to predict the development of Intermediate syndrome in patients with acute organophosphorous poisoning." on April 16, 2013.

The Committees reviewed the following documents:

1. Format for application to IRB submission
2. Proforma
3. Patient information Sheet And Consent Form (English, Tamil and Telugu)

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Dr. T. Balamugesh	MBBS, MD(Int Med), DM, FCCP (USA)	Professor, Dept. of Pulmonary Medicine, CMC.	Internal, Clinician
Dr. Anup Ramachandran	Ph D	The Wellcome Trust Research Laboratory Gastrointestinal Sciences	Internal
Dr. Ellen Ebenezer Benjamin	M Sc	Maternity Nursing, CMC	Internal, Nurse
Dr. Denny Fleming	B Sc (Hons), PhD	Honorary Professor, Clinical Pharmacology, CMC.	Internal, Pharmacologist
Dr. Srinivas Babu	M Sc, Ph.D.	Sr. Scientist, Neurological Sciences, CMC.	Internal
Dr. Mathew Joseph	MBBS, MCH	Professor, Neurosurgery, CMC	Internal, Clinician
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We approve the project to be conducted as presented.

The Institutional Ethics Committee expects to be informed about the progress of the project, any **adverse events** occurring in the course of the project, any **amendments in the protocol and the patient information / informed consent**. On completion of the study you are expected to submit a copy of the **final report**. Respective forms can be downloaded from the following link: <http://172.16.11.136/Research/IRB Polices.html> in the CMC Intranet and in the CMC website link address: <http://www.cmch-vellore.edu/static/research/Index.html>.

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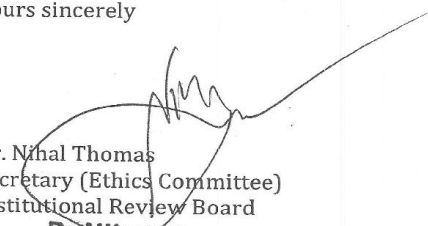
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Fluid Grant Allocation:

A sum of Rs. 80,000/- (Rupees Eighty Thousand only will be granted for 2 years. A sum of Rs 40,000/- will be sanctioned for 12 months after receipt of the revised proposal, subsequent installment of 40,000/- each will be released at the end of the first year following the receipt of the progress report.

Yours sincerely


Dr. Nihal Thomas
Secretary (Ethics Committee)
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Dr Nihal Thomas
MBBS MD MNAMS DNB (Endo) FRACP(Endo) FRCP(Edin)
Secretary (Ethics Committee)
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CC: Dr. Anand Zachariah, Department of Medicine, CMC.

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Introduction

Introduction

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In our study we propose to develop a clinical scoring tool to predict the development of intermediate syndrome in patients who present with organophosphorus poisoning and describe the temporal profile of central and peripheral neurological manifestations of organophosphorus poisoning.

Aims

And

Objectives

AIMS

To describe and correlate the central (encephalopathic) and peripheral neuromuscular features (Type 1 and Type II [Intermediate syndrome]) and their temporal profile in acute organophosphorus poisoning.

OBJECTIVES

1. To assess the utility of a clinical scoring system at admission to predict the development of Intermediate syndrome in patients with acute Organophosphorus poisoning.
2. To describe and correlate the central (encephalopathic) and peripheral neuromuscular features (Type 1 and Type II [Intermediate syndrome]) and their temporal profile in acute Organophosphorus poisoning.

Review

of

Literature

REVIEW OF LITERATURE

Deliberate self-harm is one the common problems in community. Suicide by consumption of poison is a common practice especially in developing countries and more than half the suicides in the world occur in India and China(1).

Pesticide poisoning due to organophosphorus compound consumption is a common method of suicide in southern India and Sri Lanka. In our institution Organophosphorus poisoning accounted for 12% of all intensive care admission and 70 % all admissions with a case fatality rate of 22 %.(2).

CHEMICAL COMPOSITION OF ORGANOPHOSPHORUS COMPOUND

All organophosphorus compounds have a similar chemical composition. They contain a central phosphorous atom attached to either a sulphur or oxygen by a double bond. All organophosphorous compound contains either a methyl or ethyl group along with a leaving group which is specific to every organophosphorous compound(3).

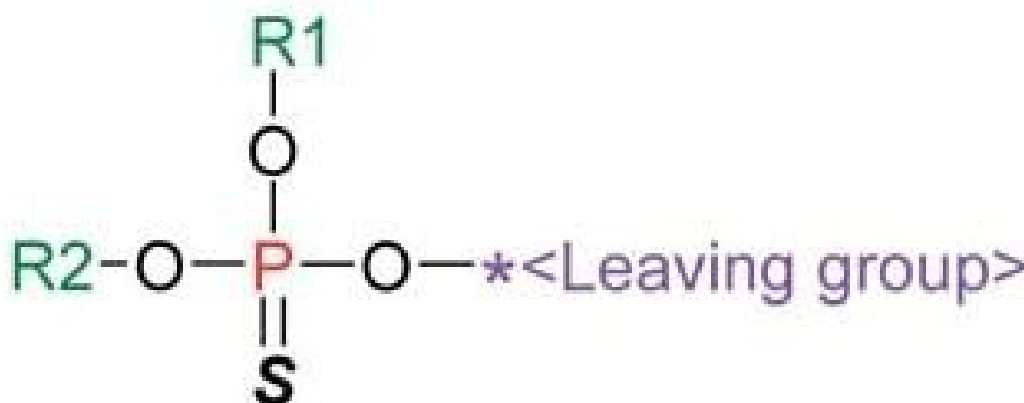


Figure 1 Chemical structure of OP compounds

MECHANISM OF ACTION OF ORGANOPHOSPHOROUS COMPOUND

Organophosphorus compound act by inhibiting carboxy ester hydrolases like acetylcholinesterase (AChE) enzyme by binding to the active site of the enzyme(4). AChE acts by splitting acetylcholine in the neuromuscular junction.

Acetyl cholinesterase is present in almost all living animals, vertebrates and invertebrates and is responsible for nervous conduction in organs and glands supplied by the parasympathetic arm of autonomic nervous system. Acetyl cholinesterase is complex molecule containing two main subsites, the esteratic and the anionic sites. Positively charged nitrogen atom of Acetyl choline enzyme and negatively charged anionic site of acetyl cholinesterase form the Enzyme-substrate(EA) complex. The EA complex then undergoes acetylation and de-acetylation at the serine hydroxyl group in the esteratic site which leads to the hydrolysis of the acetylcholine enzyme. The choline group which is formed is returned to the presynaptic neuron where acetyl choline is resynthesized for further action. One other type of acetyl cholinesterase is the plasma pseudocholinesterase which has high specificity for butyrylcholine. The exact function of plasma pseudocholinesterase is still unknown but it is widely used for identifying acute organophosphorus poisoning.

We have so far discussed the mechanism of action of acetyl cholinesterase. In the next section we will discuss how organophosphorus compounds act to cause the cholinergic and nicotinic side effects.

The inhibition of Acetylcholinesterase takes place through a similar chemical reaction. The serine hydroxyl subsite combines with organophosphorous compound through acetylation. Unlike the easily reversible acetylation of the acetylcholinesterase enzyme, the phosphorylated compound may be highly stable and sometimes be irreversible.

Mechanism of Activation

Most of the organophosphorous compound contain the $P=S$ moiety which is metabolically inactive. During activation, the $P=S$ moiety is converted to $P=O$ moiety, which are a more reactive and less stable group when compared to the former group. The chemical conversion is mediated by a unique enzyme the Mixed function oxidase (MFO). Classical example of this chemical reaction is conversion of Parathion(inactive) to Paroxoan (chemically active and a strong anticholinesterase).(5)

Mechanism of Degradation

Organophosphorus compounds undergo hydrolytic (chemical or enzymatic hydrolysis) degradation to form metabolically inactive compounds. Enzymes which mediate the hydrolysis are called hydrolases or phosphotriester hydrolases.

After degradation, elimination of the Organophosphorus compound is mainly through urine and faeces.

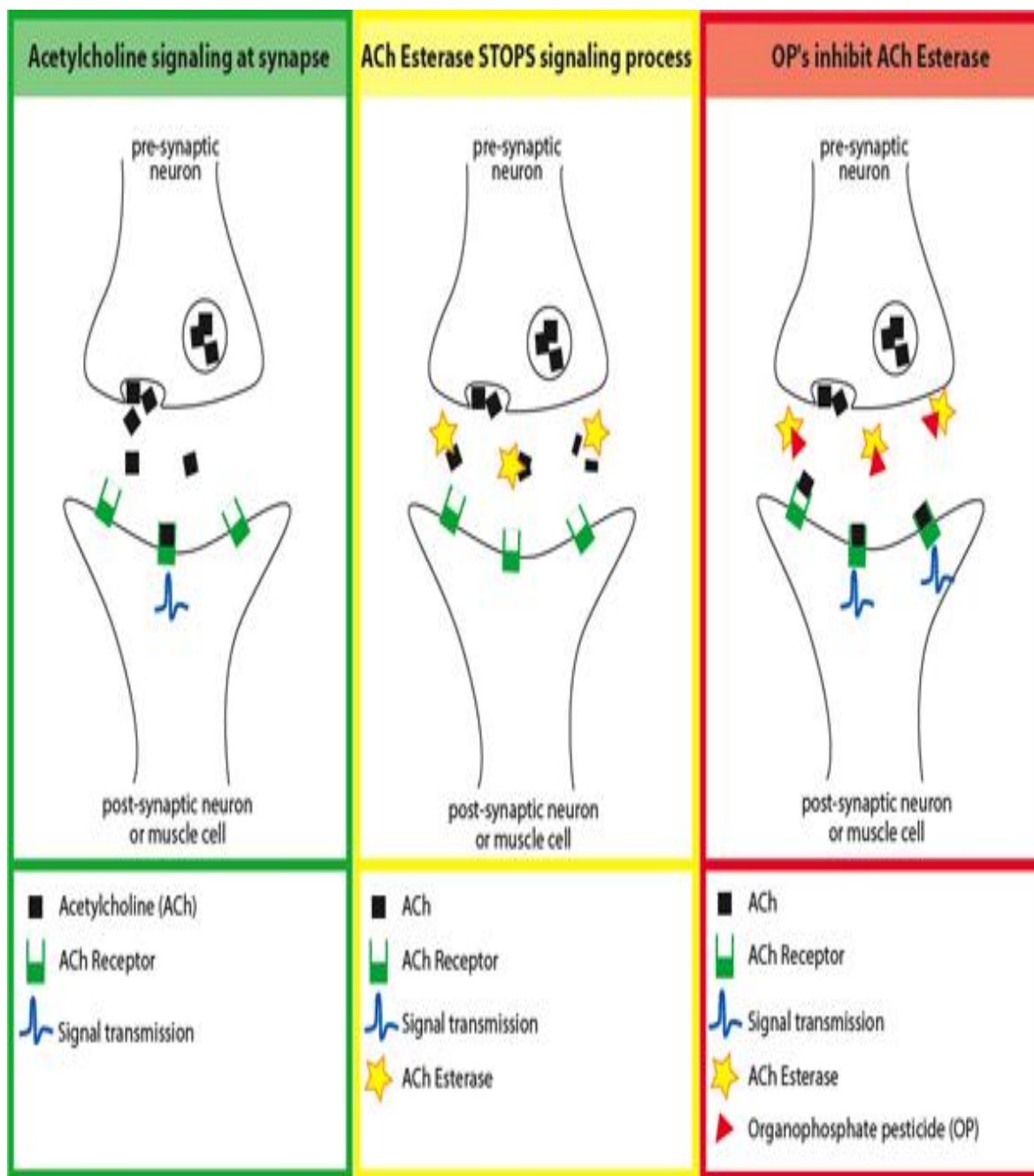


Figure 1 Mechanism of action of Organophosphorus compound

(Picture taken from organophosphates pesticides and child health(6).

CLASSIFICATION BASED ON LETHALITY

GHS (Global harmonised system) classification and WHO recommended classification are the most commonly used classification of organophosphorus compound based on their lethality.

Although the GHS classification is a widely accepted classification system, we have adapted the WHO recommended classification (2009 update) in this study.

The classification is done based the lethal dose (LD₅₀) measures on rats both for oral as well as dermal exposure. Lethal dose (LD₅₀) is amount of toxin (mg per kg of body weight) required for killing 50% of the population.

WHO Class		LD ₅₀ for the rat (mg/kg body weight)	
		Oral	Dermal
Ia	Extremely hazardous	< 5	< 50
Ib	Highly hazardous	5–50	50–200
II	Moderately hazardous	50–2000	200–2000
III	Slightly hazardous	Over 2000	Over 2000
U	Unlikely to present acute hazard	5000 or higher	

Table 1 WHO classification of Pesticides(2009 update)

(Table adapted from WHO recommended classification of pesticides by hazard and guidelines to classification)(7).

Some of the commonly used pesticides and their WHO class are as follows.

Class Ia – Methyl Parathion

Phorate

Class Ib - Triazophos

Dichlorvas

Monocrotophos

Class II - Chlorpyrifos

Phenthoate

Quinalphos

Dimethoate

Profenophos

Class III – Acephate

Malathion

CLASSIFICATION BASED ON TYPE OF COMPOUND

Organophosphorus compounds contain an alkyl group which can be either an methyl/ethyl/s-alkyl group. There are studies which have shown that poisoning with dimethyl compounds have a worse outcome when compared to poisoning with ethyl compounds.(8)(9) This may be attributed to the fact that dimethyl compounds have a shorter half life (half life of dimethyl – 3 hours, diethyl – 30hours) and a lower capacity for regeneration with oximes.(10).

Table 2 Classification of OP based on alkyl group

Dimethyl	Diethyl	S-alkyl
Monocrotophos	Phorate	Profenofos
Methylparathion	Triazophos	
Dichlorvas	Parathion	
Dimethoate	Quinalphos	
Phenthoate	Chlorpyriphos	
Malathion	Ethion	
Acephate		

CLINICAL MANIFESTATIONS

Clinical manifestations of organophosphorus poisoning can be divided as

- 1) Cholinergic manifestations
- 2) Neurological manifestations

CHOLINERGIC MANIFESTATIONS

Cholinergic manifestations can be further divided based on the type of receptors involved.(11)

- 1) Muscarinic symptoms – involving the muscarinic receptors
- 2) Nicotinic symptoms – involving the nicotinic receptors
- 3) Central symptoms – involving receptors in the central nervous system.

Cholinergic symptoms are described in the following table.

Table 3 Cholinergic manifestations of acute Op poisoning

MUSCARINIC	NICOTINIC	CENTRAL
<u>Respiratory</u> Bronchorrhea/bronchospasm Rhinorrhea		Anxiety Restlessness Convulsion
<u>Cardiovascular</u> Bradycardia Hypotension	<u>Cardiovascular</u> Tachycardia Hypertension	Insomnia Dysarthria Tremors
<u>Gastro-intestinal</u> Increased salivation Nausea/vomiting Abdominal pain Diarrhoea Fecal incontinence	<u>Musculoskeletal</u> Weakness Fasciculation Cramps Paralysis	Coma Absent reflex Cardiovasucular collapse Respiratory suppression
<u>Genito-urinary</u> Urinary incontinence		
<u>Ocular</u> Lacrimation Blurred vision(miosis)		

NEUROLOGICAL SYMPTOMS

Neurological manifestations of organophosphate poisoning have been described as early as in 1974 by Wadia et.al.(12)

Neurological paralysis as described by Wadia et.al was divided into the following categories.

- 1) Type 1a paralysis – present at admission and seen in patient who present early after the organophosphorus consumption(less than 4 hours).

Wadia et al described 11 patients with Type 1a paralysis.

Type 1b paralysis – Present at admission and seen in patients who present

late after organophosphorus consumption(later than 4 hours).

Type 1b paralysis was described in 10 patients in the same study.

Type 1 paralysis chiefly included bilateral pyramidal tract signs which respond well to treatment with atropine.

- 2) Type 2 paralysis – Paralysis which is not present at admission but which develops while on treatment with atropine.

Wadia et al had described type 2 paralysis in 36 patients in their study out of whom 15 patients had expired after requiring mechanical ventilation for different periods of time. They had also noticed that type 2 paralysis was not influenced by treatment with atropine and hence had concluded that type 2 paralysis was caused by nicotinic effects rather than muscarinic effects.

Other neurological manifestations described in this study were muscarinic effects such as miosis which almost universally present, impairment of consciousness was present in 10% of the patients, fasciculations were present in 27% of the patients, seizures were present in 1 % and toxic delirium(probably secondary to atropine treatment) was present in 50% of the patients.

Senanyake et al described and coined the 'intermediate syndrome' while describing paralysis in 10 patients with organophosphorus poisoning.(13)

Later studies done in our institution has shown that Type I and Type II paralysis may not be as distinct as described by Wadia et.al and the Type I and Type II paralysis maybe a continuum disorder that we refer to as the Type I-Type II continuum.(14)

DELAYED ORGANOPHOSPHOROUS INDUCED PERIPHERAL NEUROPATHY

Neurological manifestation of organophosphorous poisoning can be divided based on timeline of the symptoms.

Neurological manifestations which arise 1 – 4 weeks after acute organophosphorous poisoning has been described which are commonly referred to as Organophosphorous induced peripheral neuropathy (OPIDN).(15)

The manifestations are markedly different from the early neurological manifestations. These patients typically have peripheral nerve involvement and present with predominant motor neuropathy. They present with distal neuromuscular weakness involving lower limbs. Severe cases can have upper limb involvement also along with bilateral foot drop and wrist drop with depressed reflexes. Generally recovery is complete especially in the young and may take upto 3-6 months. Electrophysiological studies show decreased compound muscle action potential, increased distal latencies and nerve muscle biopsy have shown axonal degeneration and secondary demyelination.

Pathophysiology is still not fully understood although, Neuropathy target esterase (NTE) have implicated in the initiation of OPIDN.

DELAYED ORGANOPHOSPHOROUS ENCEPHALOPATHY (DOPE)

Encephalopathy has been described in patients with organophosphorus poisoning.

Encephalopathy can manifest early in the course of the disease or can be a delayed manifestation. Delayed encephalopathy was described by Peter et.al in his study of 35 patients with acute organophosphate poisoning.(16) 3 patients had developed deep coma (GCS-2T) lasting for 4.3 ± 2.1 days and 3 patients had developed low sensorium (GCS 3T-7T) lasting for 4.7 ± 2.1 days. All 6 patients after variable duration of low sensorium (8 ± 2 days) improved to normal sensorium and were discharged and alive.

The study had also noticed that all the 6 patients who had encephalopathy had intermediate syndrome.

The definition of delayed encephalopathy in this study was development of low sensorium after initial 72 hours of normal sensorium. The study had excluded patients who present with altered sensorium. But early encephalopathy has been described by Wadia et al in his study where 50% of the patients were reported to have toxic delirium. Hence it is clear that encephalopathic manifestations can be an early or a delayed manifestation.

Early encephalopathy is predominantly attributed to central manifestations of the cholinergic crisis itself and respond to treatment with atropine. The pathophysiology behind delayed manifestations of encephalopathy is not fully understood. Probable mechanisms of delayed encephalopathy have been postulated. Administration of organophosphate induces excitatory changes in animal models which are suppressed by centrally acting anti-cholinergics such as atropine and CNS depressants such as diazepam.(17) Presence of persistently low

pseudocholinesterase at the onset of delayed encephalopathy suggests that acetylcholinesterase inhibition in the CNS may underlie the encephalopathy. Presence of intermediate syndrome in all patients who exhibited encephalopathy suggests a common mechanism which maybe involved in both the diseases.

But nevertheless, the study demonstrated bihemispheric slow wave disturbances in these patients suggestive of CNS depression rather than overstimulation as cause of the encephalopathy.

In our study, we have looked at the temporal profile of development of neuroparalysis and encephalopathy and the possibility that the central and peripheral manifestations of organophosphate poisoning as a continuum disorder rather than two separate disease processes.

ELECTROPHYSIOLOGICAL STUDIES

Electrophysiological abnormalities have been described in acute organophosphorus poisoning in 1987 by Wadia et.al. In this study, they had examined 66 patients who had presented with acute organophosphorous poisoning with and without weakness. Wadia et. al. had shown that the nerve conduction study was normal or mildly slowed, the compound muscle action potential showed reduction, repetitive nerve conduction studies showed possibility of neuromuscular junction abnormality and single muscle stimulation showed repetitive response.(18)

Serial neuro-electrophysiological studies were done by Avasthi and was correlated with clinical weakness, serum cholinesterase and atropine dose in 19 patients with intermediate syndrome. He had shown that 30 Hertz repetitive nerve stimulation correlated well with weakness seen clinically (sensitivity = 61.72%; specificity = 81.54%; PPV= 73.91%; NPV = 71.62%) and concluded that it could be a useful marker for identifying intermediate syndrome.(19)

The largest electrophysiological study was done by Jayawardene et al where they had performed repetitive nerve stimulation in the right and left median and ulnar nerve at low and high frequencies.

Important finding from this study were:-

- a) They had shown patients preceding the weakness had a decrement-increment pattern.
- b) Initially when developing weakness the patients showed decrement-increment pattern only in high and intermediate frequencies and as the

weakness progressed the decrement-increment pattern was seen in low frequencies as well.

- c) Severe decrement pattern and subsequent CMAPs not returning to the first CMAPs also was noted in patients with severe weakness and respiratory failure.

In the same study, Jayawardene had noted that electrophysiological changes were present in patients who did not have clinical weakness and preceding the development of intermediate syndrome. These observations lead her to propose the idea that the Type I and Type II weakness were not separate disease entity and they were probably a spectrum disorder. Patients with electrophysiological changes and with either no clinical weakness or mild to moderate weakness were termed ‘forme fruste’ intermediate syndrome.

A proposed electrophysiological criteria for diagnoses of intermediate syndrome was hence proposed and is presented in the following table.

Table 4 Proposed Electrophysiological Criteria for IMS spectrum diagnosis.

IMS spectrum	Clinical weakness	Electrophysiological changes
None	None	None
Forme fruste IMS, Stage I	None	D-I at high frequencies
Forme fruste IMS, Stage II	Mild	D-I at intermediate and high frequencies
Forme fruste IMS, Stage III	Moderate to severe	D-I at all frequencies
Forme fruste IMS, Stage IV	Moderate to severe	D-I and repetitive fade
IMS	Moderate to severe	Severe decrement
IMS with respiratory failure	Severe with respiratory failure	Severe decrement followed by progressive decrements.

Materials

and

Methods

Materials and Methods

Type of study

This is an observational study conducted between November 2013 to August 2014.

Study approval

The study was approved by the Institutional Review Board in April 2013.

Sample Size

The sample size calculation is based on previous studies done on Intermediate Syndrome and organophosphorus poisoning. The incidence of Intermediate syndrome in Organophosphorus poisoning is 37 % based on the study done by Dr. Lovely et.al in our institution in 2010. With an anticipated odd's ratio of 4 and the study is powered to detect 80% difference and 5 % level of significance the sample was calculated to be 169.

Proportion of the disease : 0.375

Anticipated odd's ratio : 4

Power of the study(1-beta)% : 80

Alpha Error : 5

Multiple correlation coefficient : 0.41

Sample size : 169

Since the study involves detailed clinical examination with daily neurological examinations and electrophysiological studies , it was decided to keep a feasible sample size of 80 in this study.

METHODS

Patient selection

The study participants were enrolled from the accident and emergency department, Christian Medical college who satisfied the following inclusion criteria.

Inclusion criteria:

- 1) Age above 15 years.
- 2) Patients with history of consumption of organophosphorous pesticide poisoning.
- 3) Patients presenting within 72 hours after consumption of organophosphorous compound.

Case Ascertainment:

- 1) Patients who present with alleged history of organophosphorous poisoning with an identified compound.

- 2) Patients who present with alleged history of organophosphorous poisoning with typical toxidrome, and low butylcholinesterase levels.
- 3) Patients who present without an alleged history of poisoning but with typical toxidrome of OP poisoning and low butylcholinesterase levels.

Exclusion criteria:

All children below the age of 15 years and pregnant women.

Patients who have been managed in other hospitals for more than 72 hours have been excluded.

Informed consent was taken for all participants after they satisfy the inclusion and exclusion criteria before enrolling them in the study. The recommended treatment guidelines for management of organophosphorus poisoning were followed.

The baseline characters, demographic details, organophosphorus compound details, details of date and time of consumption, details regarding treatment undergone in other hospitals and clinical profile of participant at admission in accident and emergency were recorded in the patient proforma.

If the patient presented within 24 hours of consumption of the organophosphorus compound electromyography and nerve conduction studies were done after admission in the medical wards, high dependency unit or intensive care unit.

After admission, the participants were followed daily and clinical examination to look for features of encephalopathy and intermediate syndrome were recorded in the patient proforma.

INTERMEDIATE SYNDROME DEFINITION

Intermediate syndrome is defined as development of proximal muscle weakness of MRC grading 3 or less along with extra-ocular, neck and respiratory muscles weakness developing after 72 hours of consumption of the organophosphorus compound, which may or may not require mechanical ventilation.

Senenyake et.al were the first to describe intermediate syndrome in patients with acute organophosphorus consumption and they had defined intermediate syndrome as development of proximal muscle weakness developing 24-96 hours after the consumption of organophosphorus compound and after the acute cholinergic crisis has settled.

Although Wadia had described this type of weakness in his studies as type 2 paralysis Senanyake had coined the term Intermediate syndrome.

The definition of Intermediate syndrome used in this study has been adapted from the definition proposed by John and Khan, from studies which were published in our institution.

Based on the timing of development of weakness we have divided the patients into following categories.

Category 1 – Type 1 weakness alone

Category 2 – Type 1 weakness followed by Type 2 weakness (Type 1-2 continuum)

Category 3 – Type 2 weakness alone.

Category 4 – No muscle weakness.

Namba scale

Namba scale has been used widely for assessment of severity of poisoning in patients who present with acute organophosphorus poisoning

Table 5 Namba Scale

Namba grade	Clinical presentation
Namba 1 or Latent	No clinical manifestations Severity assessed by measurement of serum cholinesterase levels which is inhibited by 10-50 % of normal.
Namba II or mild	The patient can walk but complains of dizziness, headache, numbness of extremities, nausea and vomiting, excessive sweating and salivation, tightness in chest ,abdominal cramps or diarrhoea. Serum cholinesterase level is 20-50% of normal.
Namba III or Moderate	The patient cannot walk and there is generalised weakness, difficulty talking, muscular fasciculation, miosis. Cholinesterase level is 10-20% of normal
Namba IV or Severe	Unconsciousness, marked miosis and loss of pupil reflex to light, muscular fasciculation, flaccid paralysis, secretions from the mouth and nose ,moist rales in the lungs ,respiratory difficulty and cyanosis. Serum Cholinesterase levels are less than 10% of normal.

(Table adapted from American Journal of medicine, Poisoning due to organophosphate insecticides.Acute and chronic manifestations, 50 (4); 475-492; 1971)

Predictive scoring system

Currently there are no treatment options available for intermediate syndrome except for supportive management in the form of mechanical ventilation and careful observation of the patient with acute organophosphorus poisoning.

In our institution, all organophosphorus poisoning patient are observed for minimum of 5 days after consumption. Based on the patients clinical condition they are either admitted in Medical high dependency unit or Semi-intensive care beds in the ward.

In this study we have proposed to develop a predictive scoring system which would be able to predict the development of intermediate syndrome in patients with OP poisoning at admission. If we are able predict the development of intermediate syndrome on first day, the patients can be managed accordingly and their level of care can be ascertained at admission itself.

We have formulated the predictive scoring system from a study done in our institution by Lovely et.al.

The study was done to assess the risk factors for developing intermediate syndrome and the risk factors identified in the study were

- 1) Neck muscle weakness at admission
- 2) Namba scale at admission
- 3) Glasgow-coma scale at admission
- 4) WHO Class of organophosphorus compound
- 5) Type of organophosphorus compound

The study had demonstrated that neck muscle weakness and Namba severity at admission were statistically significant risk factors for development of intermediate syndrome.

The other risk factors were included in the formulation of the predictive scoring system even though they did not achieve statistical significance as the study did not have sufficient sample size to ascertain the statistical significance.

Formulation of Predictive scoring system:

In order to assess the significance of risk factors, the data from the study were re-analysed. Logistic regression and multivariate analysis was done on the preliminary data from the study done Lovely et.al. The results of the same have been shown below. The risk factors were analysed based on multiple logistic regression and their significance calculated. The maximum score was given to neck muscle weakness as this single risk factor that was significantly associated with development of IMS (p value – 0.05).

Table 6 Multivariate analysis of risk factors

	Odd's ratio	Confidence interval		P value
		Lower limit	Upper Limit	
WHO class	1.399	0.14	13.66	0.77
Type of Compound	1.32	0.14	11.99	0.81
Neck muscle weakness	<u>8.29</u>	<u>0.99</u>	<u>69.45</u>	<u>0.05</u>
GCS	1.79	0.36	5.34	0.60
Namba	4.35	0.37	51.33	0.24

Table 7 Predictive scoring system

Risk factors	Maximum score	Minimum score
Muscle weakness at admission	4	0
Severity assessed by Namba	3 / 2	1
Glasgow coma scale at admission	2	1
WHO class of compound	2	1
Type of compound	2	1

Components of the scoring system:

1) Muscle weakness at admission:

Muscle weakness will be assessed clinically at admission. Muscle weakness will be defined as MRC grading of less than or equal to 3 in the proximal muscles or a poor effort to lift the neck entirely off the bed. If muscle weakness is present it will be given 4 points, and if absent it will be given 0 points.

2) Severity assessed by Namba scale:

Severity of poisoning will be assessed by Namba scale as described earlier.

Latent → 0 point

Mild → 1 point

Moderate → 2 points

Severe → 3 points

3) Mental status assessed by Glasgow coma scale:

Altered mental status (GCS <13/15 or < 8t/15) will be given 2 points and any GCS better than previously mentioned will be given 1 point.

4) WHO class of compound:

WHO class I and II : 2 points

WHO class III : 1 point

5) Type of compound :

Di-methyl compound : 2 points

Others : 1 point

Maximum score at admission: 13

Minimum score at admission: 3.

The predictive score was calculated at the time of admission of the patient to the hospital. This would help in preventing potential bias of the investigator towards awarding higher scores to patients.

The usefulness of the predictive scoring would be calculated using receiver operator curves and the sensitivity and specificity will be calculated.

Statistical Analysis

Statistical analysis

Data entry was done using Epidata version 3.1. Data analysis was done using SPSS version 16.0. Univariate and multivariate analysis was done on the data to identify risk factors and their significance in development of intermediate syndrome. Logistic regression was done.

Receiver operating curve was done to assess the predictive scoring system and its association with the development of intermediate syndrome.

Results

BASELINE CHARACTERISTICS

The study was conducted between November 2013 and August 2014. Between this time 78 patients were recruited into the study. The mean age of the participants of the study was 31.27, with slight male (63%) preponderance. We were able to identify the organophosphorous compound in 69 out of 78 patients. The mean pseudocholinesterase levels were 1845 (Lowest – 37 and Highest – 10,725) and 34 (43.5%) patients had presented with severe poisoning as assessed by Namba severity score. Three-fourth of the patients had received treatment in a local hospital before presenting to us. The most common treatments given were gastric lavage, pralidoxime and atropine.

Table 8 Baseline Characteristics

PROFILE		VALUE
Total participants		78
Age mean(SD)		31.27(11.97)
Male : female ratio(percentage)		49(63%):29(37%)
Compound identified (%)		69 (88.5%): 9 (11.5%)
Pseudochoolinestrase levels - mean		1845
Prior treatment (%)		57 (73%) : 21 (27%)
With Gastric Lavage		44(56%)
With Oximes		13(17%)
With Atropine		28(37%)
Severity of Poisoning	Latent	5(6.5%)
Namba scale (%)	Mild	17(22%)
	Moderate	22(28%)
	Severe	34(43.5%)
WHO class (%)		
I		28(40.5%)
II		31(45%)
III		10(14.5%)
Type (%)		
Dimethyl		22(32%)
Diethyl		36(52%)
Others		11(16%)

TYPE OF PARALYSIS

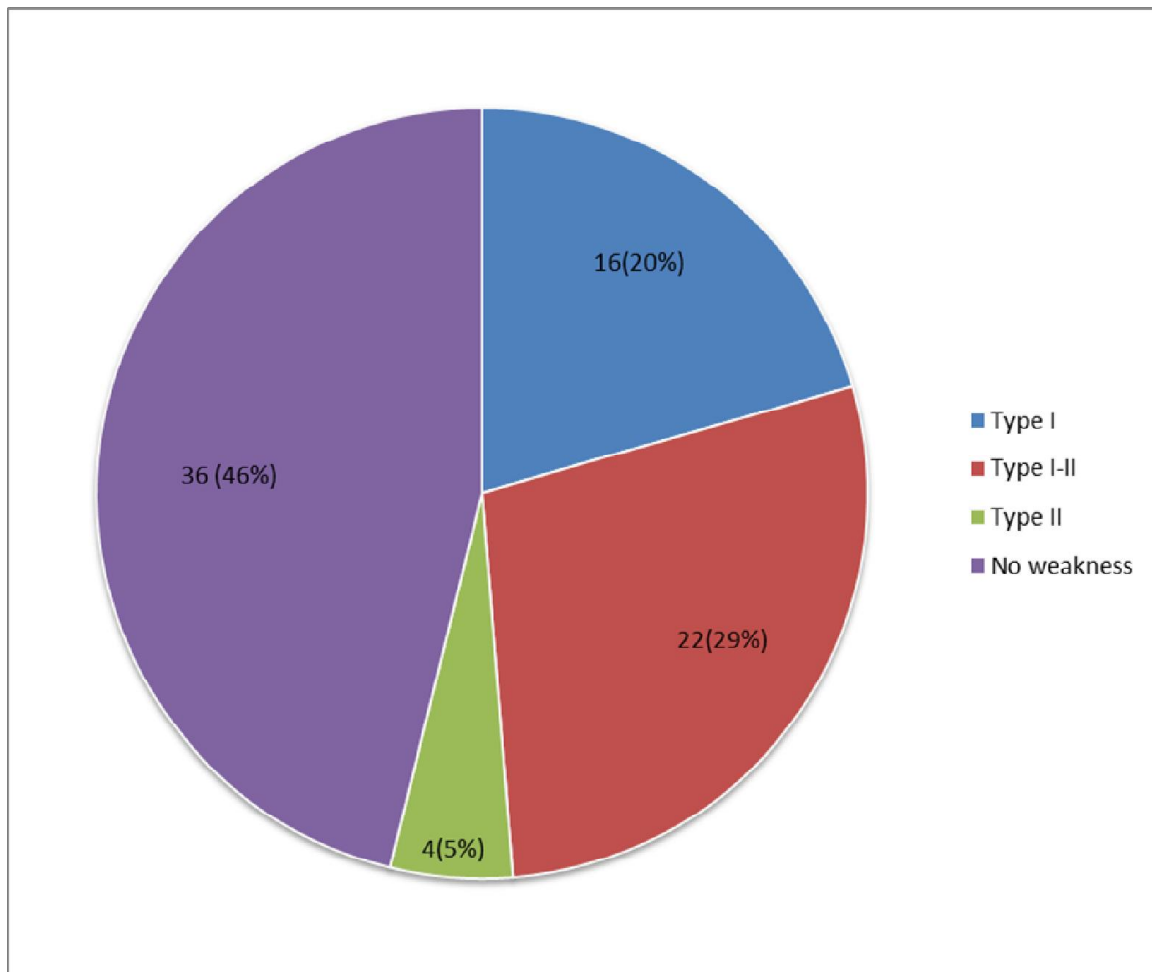


Figure 2 Type of paralysis seen among the study patients

36(46.2%) patients did not develop any weakness during hospital admission. 16 (20.5%) patients developed only Type I paralysis which recovered. 26 (33.3 %) patients developed Type II paralysis. Of these patients 22(28.2%) presenting with Type I paralysis persisted to have paralysis for more than 72 hours(Type I-II paralysis continuum). Only 4(5%) patients had developed new onset weakness after 72 hours without prior development of prior Type I paralysis (pure Type II paralysis).

ORGANOPHOSPHORUS COMPOUND PROFILE

TYPE OF COMPOUND

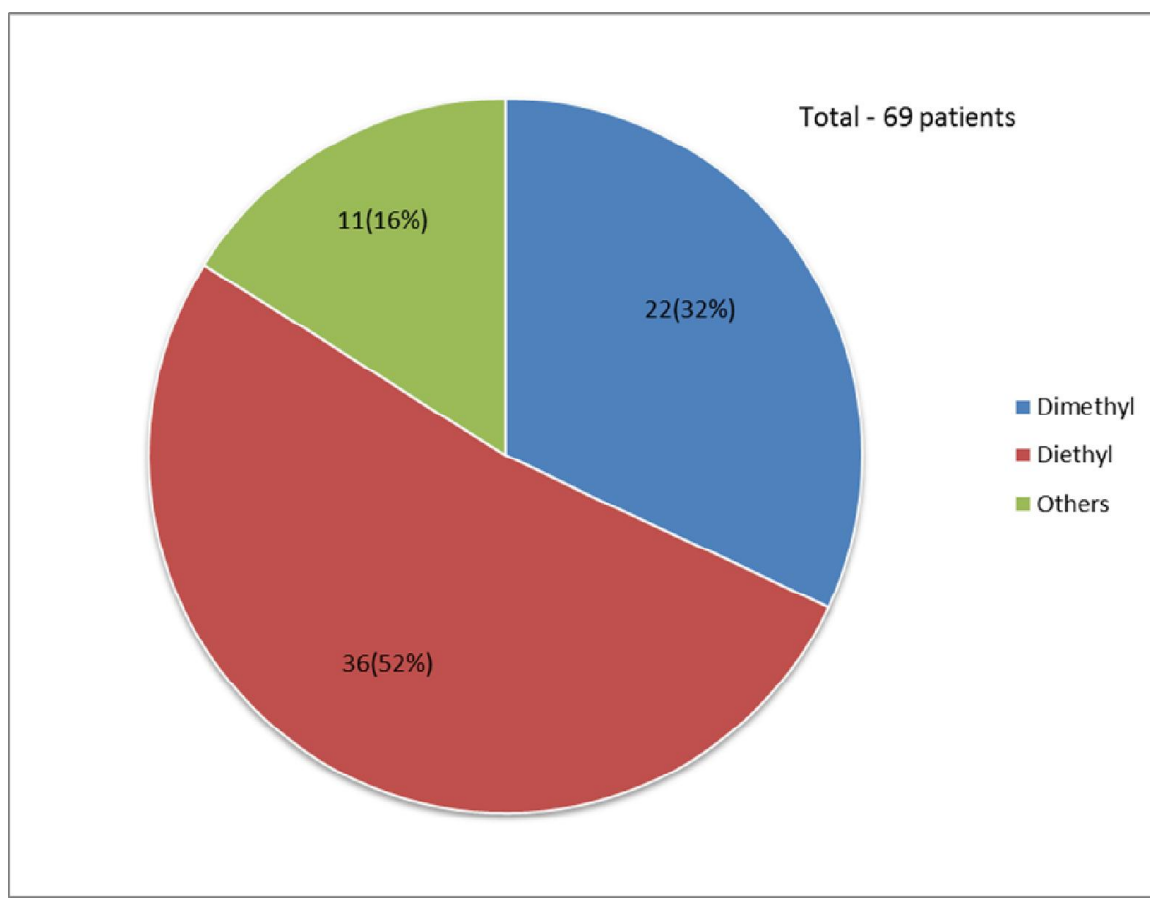


Figure 3 Different types of compounds ingested

22(32%) patients had ingested an organophosphorus compound belonging to the dimethyl group while 36(52%) patients had ingested a diethyl compound. 11(16%) patients had ingested compound belonging to s-alkyl group and others.

Rest of the 9 patients the compound was not identified.

WHO CLASS OF COMPOUND

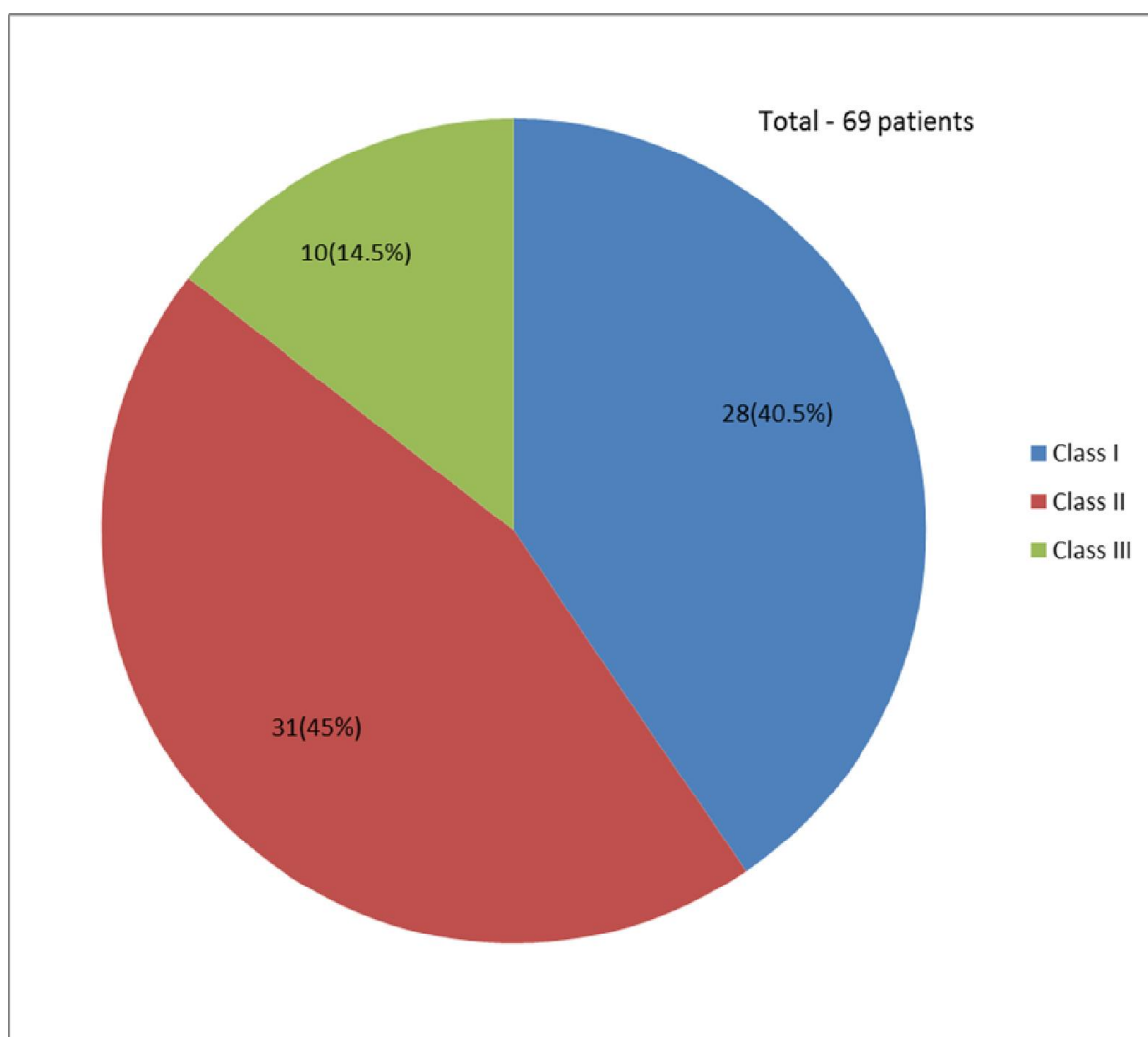


Figure 4 WHO class of compound

85 % of the patients had ingested compounds which belonged to WHO class I(n=28) and WHO Class II(n=31) while 15% of the patients had ingested compounds which belonged to WHO class III(n=10). Rest of the 9 patients the compound was not identified.

FREQUENCY OF INDIVIDUAL COMPOUNDS

Table 9 Frequency of Individual compounds

Compound	Number	WHO class	Type
Quinalphos	11	II	Di-ethyl
Monocrotophos	10	I	Di-methyl
Profenophos	10	III	S-alkyl
Chlorpyrifos	9	II	Di-ethyl
Phorate	9	I	Di-ethyl
Dimethoate	8	II	Di-methyl
Triazophos	4	I	Di-ethyl
Methylparathion	4	I	Di-methyl
Phenthoate	2	II	Di-methyl
Dichlorvas	1	I	Di-methyl

69 out of 78 patients enrolled in the study had the organophosphorous compound identified.

The compound was identified if the patient/relative had recalled the name by themselves or some patients had either brought the leaflet of the pesticide consumed or the bottle containing pesticide along when they presented to accident and emergency department. The method of

compound identification was as follows: Name given by the patient/relative – 19.4%(n=13); Leaflet brought – 35.8% n=24) and Bottle brought – 44.8%(n=30). The most frequently ingested compounds in order of frequency were: Quinalphos, Monocrotophos, Profenophos, Chlorpyriphos, Phorate and Dimethoate. These 5 compounds together contributed to 82.6% of compounds ingested.

TREATMENT RECEIVED IN OTHER HOSPITALS

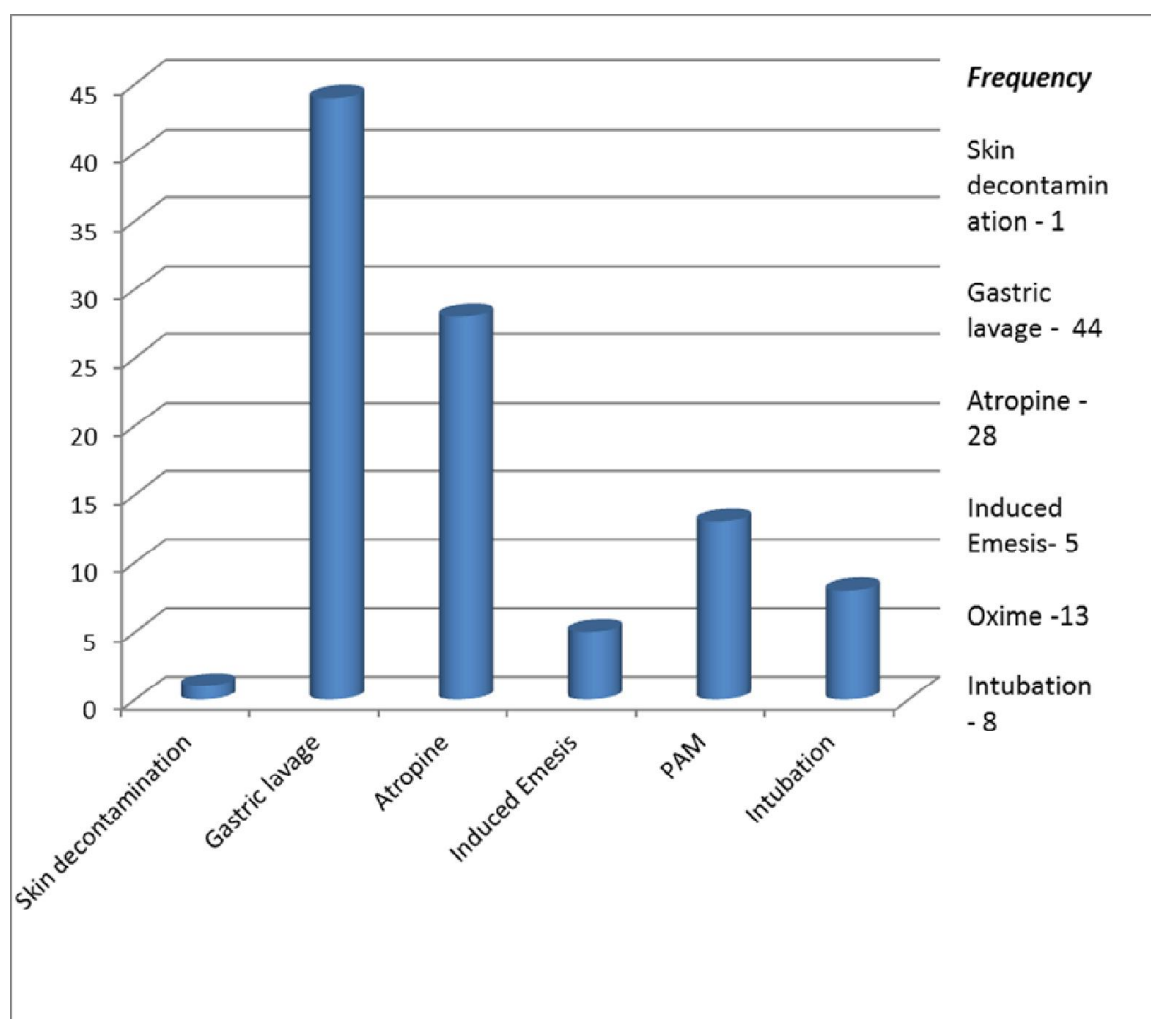


Figure 5 The details of treatment received in other hospitals

57(73.1%) patients had presented to a local hospital before being referred to our centre. The most common treatment offered were gastric lavage (77.2%), pralidoxime (23%) and atropine(49%). The mean duration for patients to reach a hospital for first medical treatment was 90 minutes (minimum duration – 10 minutes and maximum duration – 6 hours). The mean duration patients took to reach our centre was 5.4 hours(minimum duration – 15 minutes and maximum duration -2 days).

As seen above, there is a considerable delay in patients reaching our centre for treatment. This is because our centre is a tertiary care hospital and hence patients are referred to our hospital after first line treatment in a local hospital.

CLINICAL OUTCOMES

TOXIDROME AT PRESENTATION

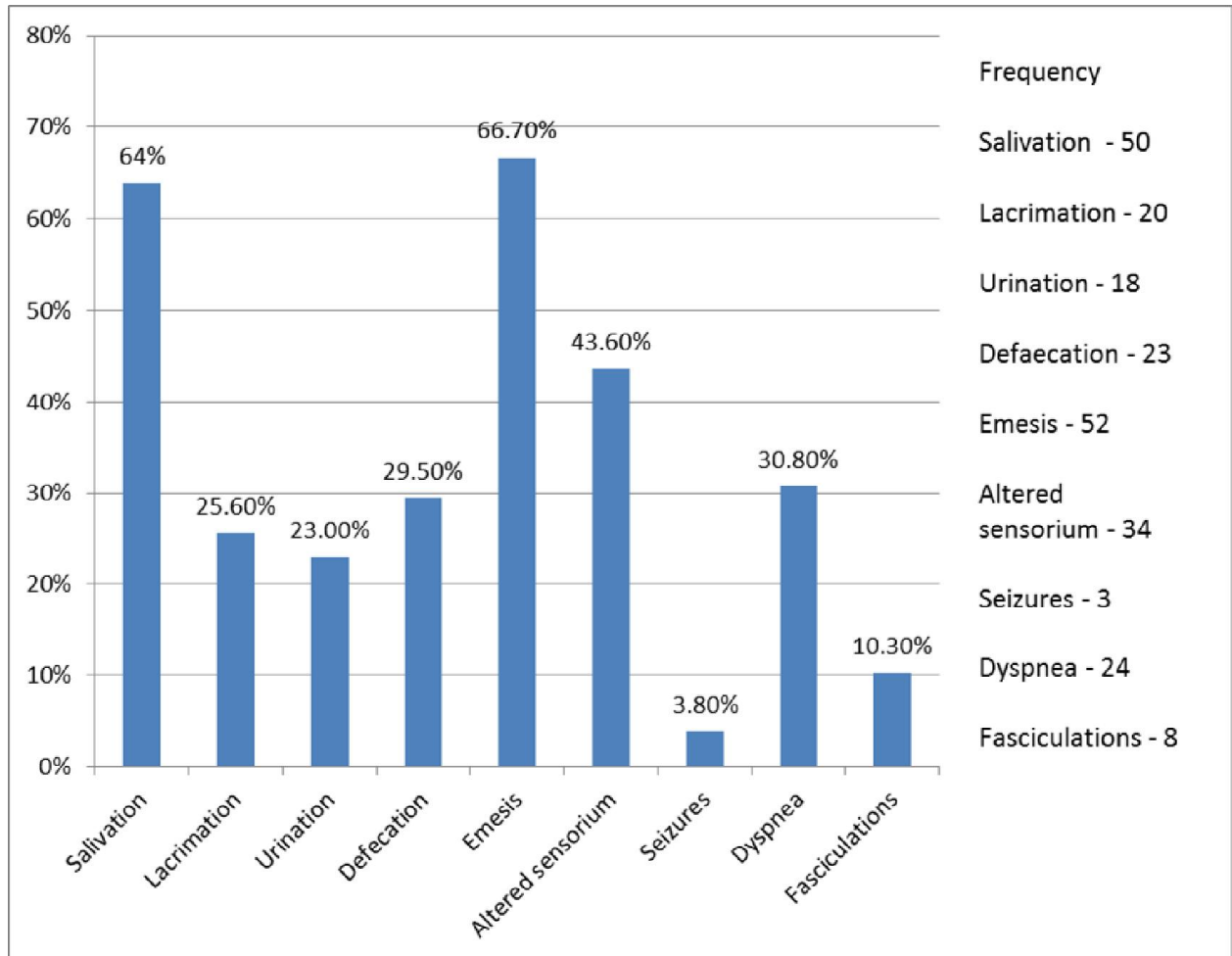


Figure 6 Signs and symptoms of toxidrome at presentation

Most common presenting symptoms and signs at admission were were salivation (64%), vomiting (66.7%) and altered sensorium (43.6%). – 73 out of

78 patients (94%) of patients had cholinergic signs are presentation. 8 patients had (10.3%) had fasciculations at presentation.

SEVERITY OF POISONING ASSESSED BY NAMBA SCALE

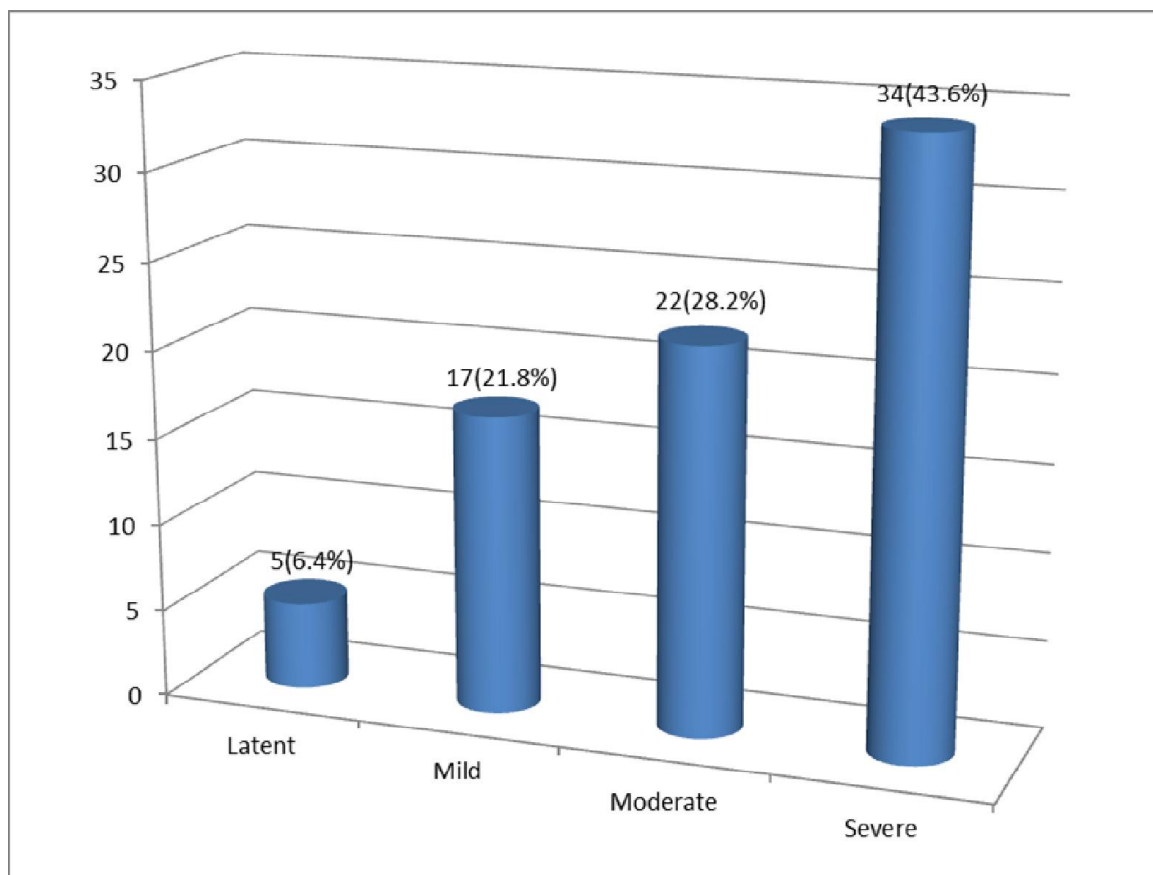


Figure 7 Severity assessed by Namba scale

Namba severity scale was used to assess the severity of cholinergic crisis at admission. 5 (6.8%) had no signs or symptoms (latent poisoning). 21.8 % had mild severity. The majority of patients (71.8%) had moderate to severe poisoning. This reflects the profile of patients at a referral centre.

SENSORIUM ASSESSED BY GLASGOW COMA SCALE

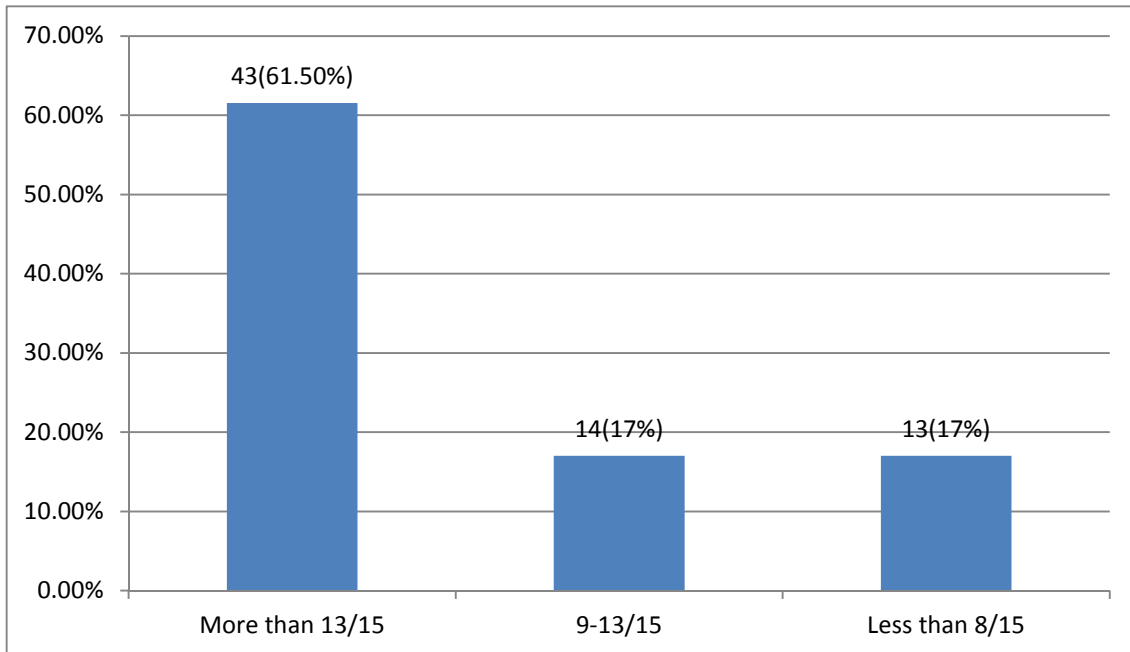


Figure 8 GCS at admission in non-intubated patients patients

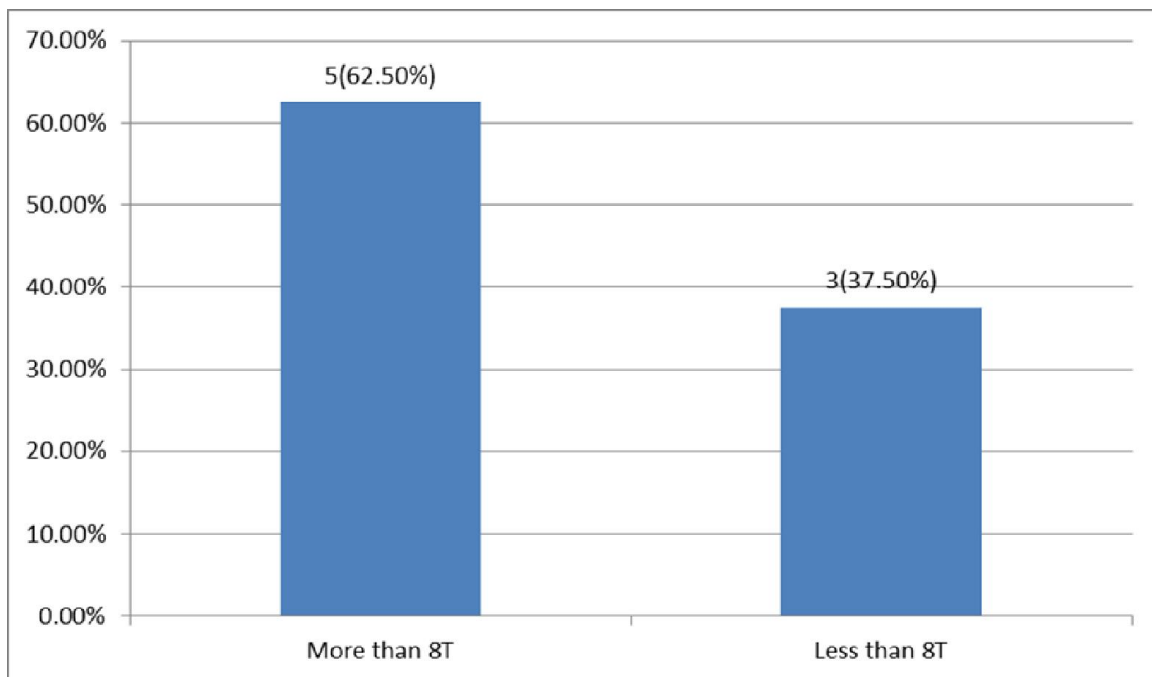


Figure 9 GCS at admission among already intubated patient

8 out of the 78 patients enrolled in the study were intubated outside. Above graphs depicts patients GCS at admission(Fig 8 – Patients who were intubated in local hospitals).Among patients who were intubated elsewhere 3 out of 8 patients had a GCS less than 8T/15 whereas 5 out of the 8 patients had normal sensorium.

Among the non-intubated patients, 61%(n=43) of the patients had presented with normal sensorium(GCS >13/15) and 34%(n=27) of the patients had sensorium lower than 13/15.

PATIENT PROFILE ACCORDING TO PUPIL SIZE AT ADMISSION

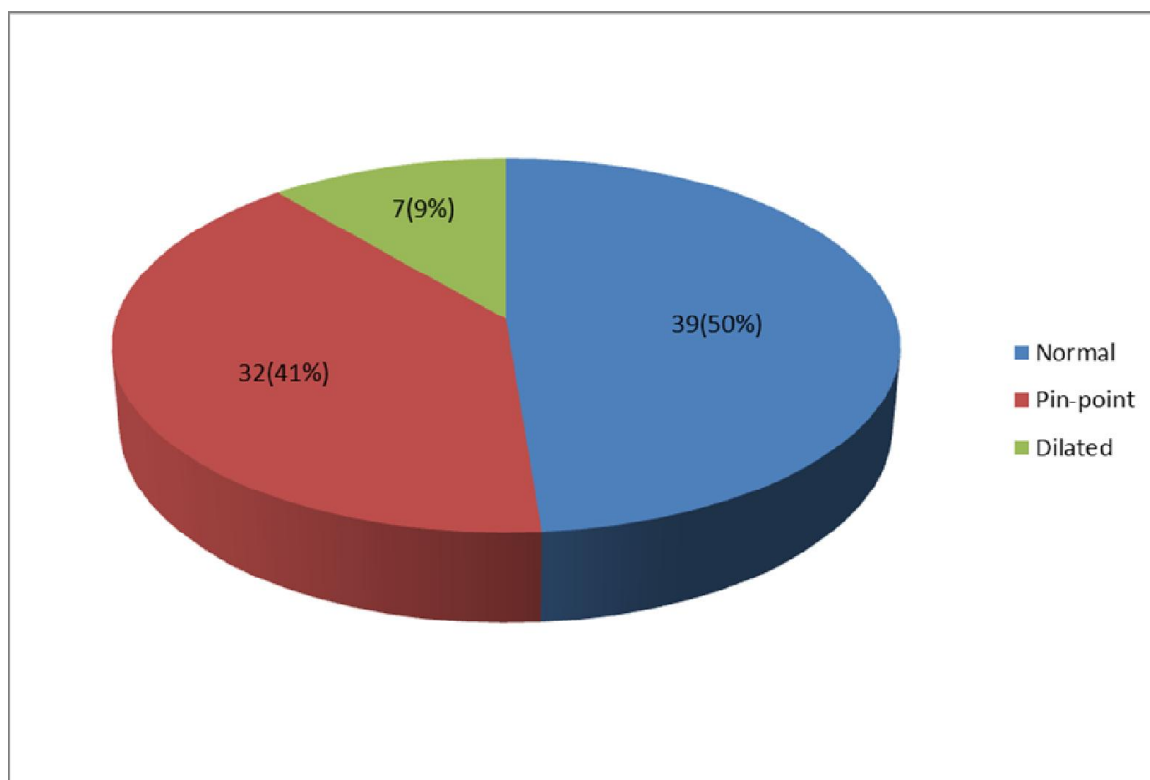


Figure 10 Patient profile according pupil size at admission

41% (n=32) of the patients had pupil size less than 2 mm at presentation (secondary to acute cholinergic crisis). 9%(n=7) of the patients presented with pupil size more than 5 mm(probably secondary to atropine received in the primary treatment centre).50% of the patients had normal pupil size at presentation.

NECK MUSCLE WEAKNESS AT ADMISSION

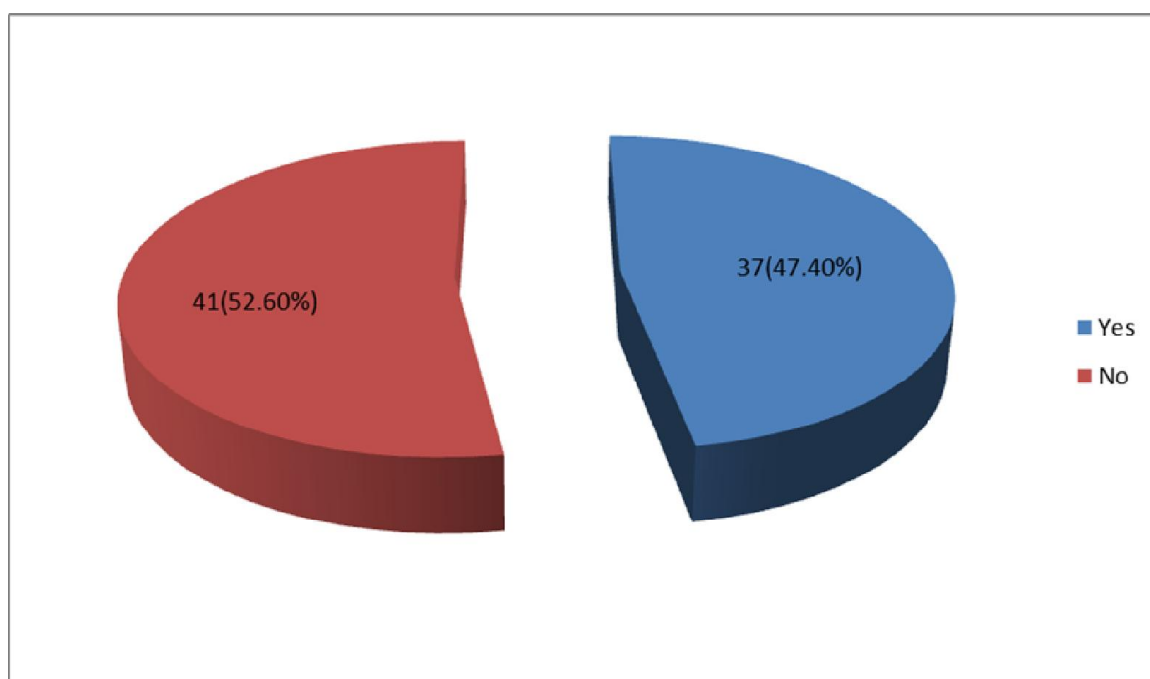


Figure 11 Patient profile according to neck muscle weakness at admission

37(47.4%) patients had neck muscle weakness at admission while 41 patients did not have any features of weakness. 10(12.8%) patients had fasciculations present at admission. 9 out of the 10 patients who had fasciculation also had neck muscle weakness.

NEUROLOGICAL OUTCOME

NEUROMUSCULAR WEAKNESS

TYPES OF PARALYSIS

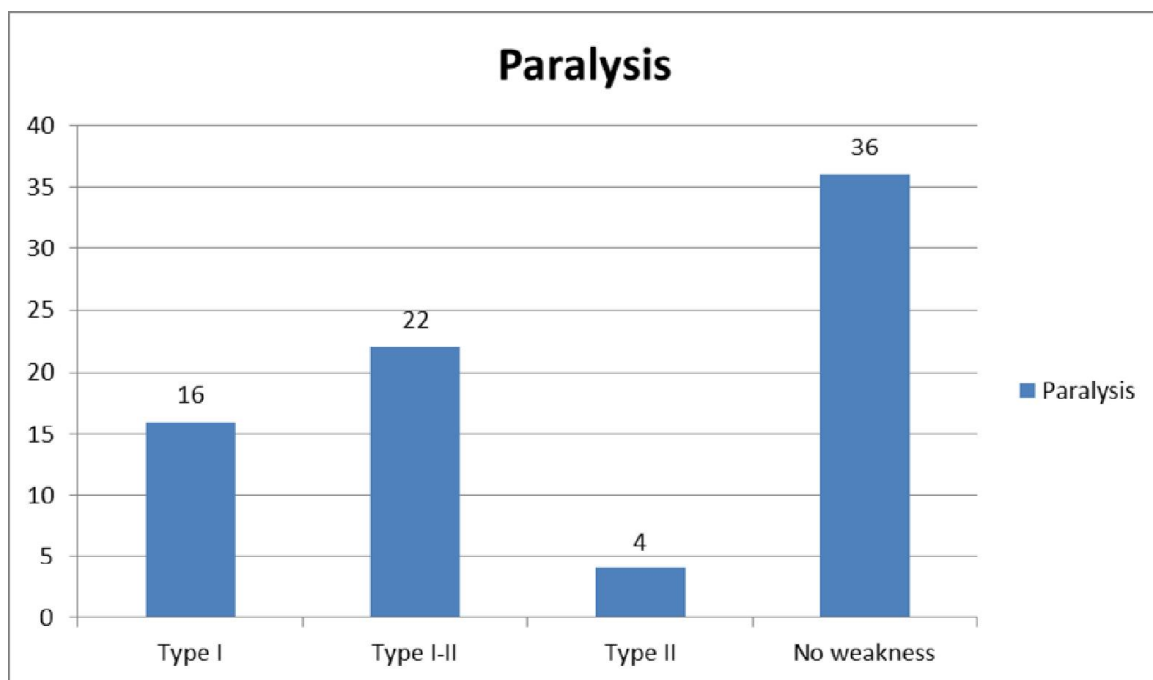


Figure 12 Distribution of patients according to types of paralysis

36(46.2%) patients did not develop any weakness during hospital admission. 16 (20.5%) patients developed only Type I paralysis which recovered. 26 (33.3 %) patients developed Type II paralysis. Of these patients 22(28.2%) presenting with Type I paralysis persisted to have paralysis for more than 72 hours (Type I-II paralysis continuum). Only 4 patients had

developed new onset weakness after 72 hours without prior development of prior Type I paralysis (pure Type II paralysis).

PATTERN OF TYPE I WEAKNESS

Type I weakness is defined as weakness which is present at admission and which resolves within 72 hours after consumption of the organophosphorus compound.

The table 10 below shows the pattern of Type 1 weakness, such as neck muscle weakness at admission, namba severity, duration of muscle weakness and duration of mechanical ventilation, lowest power recorded in the proximal muscles around the shoulder and hip, as assessed by MRC grade and deep tendon reflexes assessed in the knee.

Table 10 Description of individual patients with Type 1 weakness

Serial number	Neck muscle weakness at admission	Namba scale at admission	Duration of muscle weakness	Duration of Mechanical ventilation	Lowest Power Shoulder	Lowest Power Hip	Deep Tendon Reflex knee
1	Yes	Severe	1	3	4	4	2+
7	Yes	Severe	2	4	4	4	2+
16	Yes	Moderate	2	0	5	5	1+
17	Yes	Moderate	2	0	5	5	1+
20	Yes	Severe	1	2	4	4	2+
26	Yes	Severe	1	3	4	4	2+
42	Yes	Severe	1	5	4	4	2+
43	No	Severe	2	2	4	4	2+
50	Yes	Severe	1	3	5	5	2+
52	Yes	Mild	1	2	4	4	2+
55	Yes	Severe	2	6	3	3	2+
59	Yes	Severe	3	3	4	4	Ab
60	No	Severe	3	4	4	4	1+
66	Yes	Severe	2	0	4	4	2+
71	Yes	Moderate	1	0	4	4	1+
72	yes	Moderate	1	0	4	4	2+

16(20.5%) patients out of 78 patients had type I weakness. 14(88%) patients had neck muscle weakness at admission. 15(94%) had moderate to severe poisoning on Namba scale assessed at admission. The mean lowest power in upper limb was 4.07 and in the lower limb was 4.06. Mean duration of weakness was 1.63 days varying from 1-3 days. 11(68.8%) patients out of 16 patients with Type I weakness required mechanical ventilation. Mean duration of mechanical ventilation was 2.3 days. All patients except one had intact deep tendon reflexes and 4 had diminished reflexes.

PATTERN OF TYPE II WEAKNESS

Type I-II continuum weakness is when the patient develops muscle weakness within the first 72 hours of consumption and the muscle weakness persists for more than 72 hours.

The table 11 below shows the pattern of Type I-II continuum weakness such as neck muscle weakness at admission, namba severity, duration of muscle weakness and duration of mechanical ventilation, lowest power recorded in the proximal muscles around the shoulder and hip as assessed by MRC grade and deep tendon reflexes assessed in the knee.

Table 11 Description of Type I-II continuum weakness

Serial Number	Neck muscle weakness at admission	Namba scale at admission	Duration of muscle weakness	Duration of Mechanical Ventilation	Lowest Power Shoulder	Lowest Power Hip	Deep Tendon Reflex Knee
77	Yes	Severe	38	37	2	2	Ab
61	Yes	Severe	11	11	3	3	Ab
22	Yes	Severe	6	8	4	4	2+
33	Yes	Moderate	5	4	4	4	1+
51	Yes	Severe	4	3	4	4	1+
78	Yes	Severe	10	10	3	3	2+
31	Yes	Moderate	8	9	4	4	1+
73	Yes	Severe	11	11	2	2	Ab
67	Yes	Severe	5	9	4	4	3+
12	Yes	Severe	9	14	3	4	Ab
32	Yes	Severe	2	3	4	4	2+
3	Yes	Severe	9	10	4	4	2+
74	Yes	Severe	13	15	2	2	2+
41	Yes	Severe	4	4	3	3	2+
73	Yes	Severe	12	11	2	3	1+
25	Yes	Severe	4	5	3	3	1+
75	Yes	Severe	20	22	2	3	Ab
79	Yes	Severe	4	2	3	2	1+
45	Yes	Moderate	4	5	3	3	Ab
8	Yes	Severe	10	14	3	3	2+
63	Yes	Severe	5	5	3	3	1+
40	Yes	Severe	15	18	3	4	1+

22(28.2%) patients out of 78 patients had developed Type I-II continuum weakness. All the patients had moderate to severe poisoning. All the patients had neck muscle weakness at admission which persisted beyond 72 hours after consumption of OP compound. The mean lowest power in the upper limb was 3.04 and the mean lowest power in the lower limb was 3.05 . Mean duration of muscle weakness was 9.2 days. All patients required mechanical ventilation and mean duration of ventilator days was 10.45 days. 6 patients had absent deep tendon reflexes and 8 had diminished reflexes.

PATTERN OF TYPE II WEAKNESS

Type II weakness is described as weakness which develops 72 hours after consumption of the organophosphorus compound.

Table 12 Description of individual patients with Type II weakness

Serial Number	Namba score	Neck muscle weakness at admission	GCS at admission	Duration of paralysis	Duration of Mechanical ventilation	Lowest Power Shoulder	Lowest Power Hip	Deep Tendon Reflex Knee
2	Moderate	No	15/15	5	0	4	5	2+
27	Mild	No	15/15	9	9	2	2	Ab
53	Moderate	No	11/15	9	14	3	3	2+
68	Moderate	No	15/15	5	5	3	3	1+

4(5.1%) patients out 78 patients had developed muscle weakness 24 to 72 hours after consumption of OP compound. 3 patients required mechanical ventilation and mean ventilator days was 9.33 days and mean duration of muscle weakness was 7.0 days. One patient expired during the study period belonged to this group (cause of death was ventilator associated pneumonia and septic shock).

Table 13 Comparison between clinical finding in Type I, I-II & II weakness

	TYPE I WEAKNESS	TYPE I-II WEAKNESS	TYPE II WEAKNESS
Number of patients	16	22	4
Neck muscle weakness at admission (%)	14(87.5%)	22 (100%)	Nil
Neck muscle weakness during course of illness (%)	16 (100%)	22(100%)	4(100%)
Namba scale Mild	1(6.3%)	Nil	1(25%)
Moderate	4(25%)	3(13.6%)	3(75%)
Severe	11(68.7%)	19(86.4%)	Nil
Upper limb – proximal muscle weakness (%)	13(87%)	22(100%)	4(100%)
Mean lowest power in the upper limb (SD)	4.07(0.46)	3.04(0.89)	2.75(0.96)
Range	3 – 5	1 - 4	2 - 4
Mean lowest power in the Lower limb (SD)	4.06(0.45)	3.05(0.99)	2.5(1.29)
Range	3 – 5	1 - 4	1 - 4
Mean duration of weakness in day in days (SD)	1.625 days(0.71)	9.5 days(7.74)	7 days(2.3)
Range	1 – 3 days	4 -38 days	5 – 9 days
Mechanical Ventilation (%)	11(68.8%)	22(100%)	3(75%)
Mean duration of mechanical ventilation in days (SD)	3.3 days(1.28)	10.45 days(7.89)	9.33 days(4.5)
Range	3 – 6 days	2 – 37 days	5 – 14 days
Lower limb – proximal muscle weakness (n/%)	13 (81.3%)	22(100%)	4(100%)
Knee reflex – n (%)			
Proportion with diminished reflexes	4 (25%)	8(36.4%)	1(25%)
Proportion with Absent reflexes	1(6.25%)	6(27.3%)	1(25%)

From the above table 13, which summaries clinical findings in patients with different types of paralysis we can see that type I and I-II paralysis occurs more commonly than type II paralysis. Neck muscle weakness was present in all patients belonging to all categories. The patients belonging to different types of paralysis exhibited paralysis in similar groups of muscles (mainly neck muscle and proximal muscle weakness). Although the muscle groups affected were similar the degree of weakness was more severe in the Type II and Type I-II group when compared to the Type I group. Lowest power documented was lower in the Type II group when compared to the type I-II group which in turn was lesser than type I group. The Mean duration of paralysis also varied among the different groups and was longer in the Type II and Type I-II groups when compared to the Type I group.

Mechanical ventilation rates were equally high in all the groups, with all patients in the type II group requiring mechanical ventilation. Mean duration of mechanical ventilation was longer in the type II and type I-II groups when compared to the type I group.

ENCEPHALOPATHY

Encephalopathy is described as development of altered sensorium with a GCS of less than 13/15 in an un-intubated patient and a GCS of less than 8T/15 in an intubated patient.

We have divided encephalopathy as

- 1) Early - Develops at admission or within 72 hours of consumption of the organophosphorus compound.
- 2) Delayed – Develops or persists 72 hours after consumption of the organophosphorus compound.

PATTERN OF EARLY ENCEPHALOPATHY

Early encephalopathy is described as encephalopathy which is present at admission and resolves by 72 hours after consumption of the compound.

The following table 14 describes individual patients with early encephalopathy and their Severity of poisoning assessed by namba scale, GCS at admission, duration of encephalopathy, duration of mechanical ventilation and lowest GCS recorded during hospital stay.

Table 14 Description of individual patient with early encephalopathy

Serial number	Namba score	GCS at admission	Duration of Encephalopathy	Duration of Mechanical Ventilation	Lowest GCS
78	Severe	2T	2	10	2T
12	Severe	7T	3	14	7T
72	Severe	3	1	2	3
32	Severe	3	1	3	3
3	Severe	3	1	10	3
16	Severe	4	1	3	4
55	Severe	4	1	5	4
41	Severe	4	1	4	4
60	Severe	5	1	3	4
66	Severe	6	1	2	4T
50	Severe	6	1	2	6
77	Severe	7	2	37	6
61	Severe	7	2	11	7
1	Severe	8	1	4	7
25	Severe	8	2	5	8
43	Mild	9	1	2	8
71	Severe	9	1	6	9
52	Severe	9	1	3	11
49	Severe	9	1	0	9
53	Moderate	11	1	14	11
70	Severe	11	1	0	11
79	Severe	12	1	2	12
19	Moderate	12	1	0	12

As seen in the tables 14, 23(29.5%) patients out 78 had presented with low sensorium defined as GCS less than 13/15(8T/15 for an intubated patient. 2(8.7%) patients among the patients with early encephalopathy were already intubated elsewhere in a local hospital. 20 patients(87%) required mechanical ventilation for mean ventilators days of 7.5 days. Mean duration of early encephalopathy is 1.26 days. As we can see the requirement for mechanical ventilation was longer than the early encephalopathy duration as patients required mechanical ventilation for muscle weakness. (Relationship between muscle weakness and encephalopathy has been described in the following sections).

PATTERN OF DELAYED ENCEPHALOPATHY

Delayed encephalopathy is described encephalopathy which develops or persists after 72 hours of consumption of the OP compound.

The following table describes individual patients with delayed encephalopathy and their Severity of poisoning assessed by namba scale, GCS at admission, duration of encephalopathy, duration of mechanical ventilation and lowest GCS documents during hospital stay.

Table 15 Description of individual patient with delayed encephalopathy

Serial Number	Namba score	GCS at admission	Duration of Encephalopathy	Duration of Mechanical Ventilation	Lowest GCS
73	Severe	2T	5	11	2T
74	Severe	5	12	11	4T
75	Severe	3	12	15	2T
76	Severe	11	6	22	2T

As seen in table 8, 4 patients developed delayed encephalopathy. Mean duration of delayed encephalopathy was 8.75 days and mean duration of mechanical ventilation was 14.75 days. 3 out 4 patients had lowest GCS recorded as 2T/10.

3 out of 4 patients subsequently returned to normal sensorium and were discharged alive. 1 patient was discharged against medical advice, hence the outcome of the patient is not known.

Table 16 Comparison of clinical finding in early and delayed encephalopathy

	Early Encephalopathy	Delayed Encephalopathy
Frequency n (%)	23(29.5%)	4(5.1%)
Namba		
Mild (%)	1(4.3%)	Nil
Moderate (%)	2(8.6%)	Nil
Severe (%)	20(87.1%)	4(100%)
Mean GCS at admission		
Intubated(SD)	4.5T (3.5)	2T
Range	2T – 7T	Not applicable
Not intubated(SD)	7.14(3.0)	6.33(4.16)
Range	3 – 12	3 - 11
Mean Lowest GCS		
Intubated(SD)	4.3T (2.5)	2.5(1)
Range	2T – 7T	2T – 4T
Not intubated(SD)	7.1(3.2)	None
Range	3 – 12	None
Mean duration of Encephalopathy(SD)	1.26 days(0.54)	8.75 days(3.77)
Range	1 – 3 days	5 – 12 days
Mean duration of mechanical ventilation	7.1 days	14.75 days
Range	2 – 37 days	11 – 22 days

As in the table 16, comparison of early and delayed encephalopathy, the incidence of delayed encephalopathy is much less common when compared to early encephalopathy. The severity of poisoning at admission was similar between the two groups with patients predominantly presenting with features of severe poisoning. Sensorium assessed by Glasgow coma scale at admission was lower in the delayed encephalopathy group when compared to the early encephalopathy and the lowest GCS recorded during the illness also was lower in the delayed encephalopathy group when compared to the early encephalopathy group. The mean duration was longer in the delayed encephalopathy (Mean – 8.75 days) when compared to the early encephalopathy group (mean duration – 1.26 days). The duration of mechanical ventilation was longer in the delayed encephalopathy group (mean duration-14.71 days) as the duration of encephalopathy also longer in this group, when compared to the early encephalopathy group(mean duration – 14.75 days).

In summary, 27 patients (%) had low GCS at admission. Of them, (23/27) % the sensorium normalised within 72 hours (early encephalopathy). However in (4/27)% the sensorium continued to be depressed for a variable duration. It appears that delayed encephalopathy, in patients who have a prior normal sensorium did not occur in the study group.

TEMPORAL PROFILE OF PARALYSIS AND ENCEPHALOPATHY

TEMPORAL PROFILE OF EARLY ENCEPHALOPATHY AND PARALYSIS

The following table 17, compares individual temporal profile of paralysis and encephalopathy with GCS at admission, encephalopathy duration, type of paralysis, paralysis duration, lowest GCS recorded and lowest power in the proximal muscles around the shoulder and hip.

Table 17 Temporal profile of individual patients with early encephalopathy and paralysis

Serial Number	GCS at admission	Duration of Encephalo-pathy	Type of Paralysis	Duration of Paralysis	Lowest GCS	Lowest Power Shoulder-Hip
78	2T	2	Type I-II	10	2T	2 - 1
12	7T	3	Type I-II	9	7T	3 - 3
72	3	1	Type I	1	3	4 - 4
32	3	1	Type I-II	2	3	4 - 4
3	3	1	Type I-II	9	3	3 - 3
16	4	1	Type I	1	4	5 - 5
55	4	1	Type I	1	4	3 - 3
41	4	1	Type I-II	4	4	4 - 4
60	5	1	Type I	1	4	4 - 4
66	6	1	Type I	2	4T	4 - 4
50	6	1	Type I	1	6	5 - 5
77	7	2	Type I-II	38	6	1 - 1
61	7	2	Type I-II	5	7	3 - 3
1	8	1	Type I	2	7	4 - 4

Temporal profile of individual patients with early encephalopathy and paralysis
(Table continued)

Serial Number	GCS at admission	Encephalo-pathy Duration	Type of Paralysis	Paralysis Duration	Lowest GCS	Lowest Power Shoulder-Hip
25	8	2	Type I-II	4	8	3 - 3
43	9	1	Type I	1	8	4 - 4
71	9	1	Type I	2	9	4 - 4
52	9	1	Type I	3	11	4 - 4
49	9	1	Nil	0	9	5 - 5
53	11	1	Type II	9	11	2 - 2
70	11	1	Nil	0	11	0 - 0
79	12	1	Type I-II	4	12	2 - 2
19	12	1	Nil	0	12	5 - 5

23(29.5%) patients out of 78 patients had early encephalopathy only. 3(13%) patients did not have any neuromuscular weakness whereas 20 patients had weakness which lasted for varying duration. Mean duration of encephalopathy was 1.26 days with a maximum of 3 days and minimum if of 1 day of encephalopathy. Mean duration of paralysis was 5.45 days.

Mean power in the upper limb was lower limb was 3.3.

TEMPORAL PROFILE OF DELAYED ENCEPHALOPATHY AND PARALYSIS

Table 18 Temporal profile of individual patients with delayed encephalopathy and paralysis

	Early Encephalopathy	IMS	Encephalopathy Duration	Paralysis Duration	Lowest GCS	Lowest power
Patient 1	2T/10	Yes	Day 1 – 10	Day 1 -11	2t/10	UL-2/5 LL-2/5
Patient 2	5/15	Yes	Day 1- 12	Day 1 -12	4T/10	UL-3/5 LL-3/5
Patient 3	3/15	Yes	Day 1 – 12	Day 1- 12	2T/10	UL-4/5 LL-4/5
Patient 4	11/15	Yes	Day 10- 15	Day 1 - 20	2T/10	UL-2/5 LL-3/5

4(5.1%) patients out of 78 patients had encephalopathy which present beyond 72 hours after consumption of OP compound. All four patients had low sensorium at admission and 3 patients had persistent low sensorium which required varying duration of mechanical ventilation.

Mean duration of encephalopathy was 9.75 days and mean duration of paralysis was 13.75 days. All four patients with delayed encephalopathy also demonstrated Type I-II continuum weakness. 3 patients recovered completely and were discharged alive and well while 1 patient was discharged against medical advice, hence the outcome of the patient was not known.

Table 19 Comparison between clinical finding of early and delayed encephalopathy.

	Early encephalopathy	Delayed encephalopathy
Type I paralysis (%)	10 (43.5%)	Nil
Type I – II paralysis (%)	9 (39%)	4 (100%)
Type II paralysis (%)	1 (4.5%)	Nil
No weakness	3 (13%)	Nil
Mean lowest muscle power in Shoulder(SD) Range	3.3 (1.3) 0 – 5	2.75(0.95) 2 - 4
Mean lowest muscle power in Hip(SD) Range	3.3 (1.3) 0 - 5	3(0.81) 2 - 4
Mean duration of paralysis	5.45 days	13.75 days
Mean duration of Encephalopathy	1.26 days	9.75 days

The table 19 above summarises the temporal profile of paralysis among early and delayed encephalopathy.

Entire spectrum of paralysis is seen among the patient with early encephalopathy. Type I paralysis and Type I-II continuum paralysis occurs almost equally accounting for 83% of the patients with paralysis. Type II paralysis is seen in only 1 patient with early encephalopathy. Patients with delayed encephalopathy exhibit only Type II paralysis.

The mean lowest power in the upper limb and lower limb are lower in the delayed in the delayed encephalopathy group when compared to the early encephalopathy.

The two groups mainly differ in the duration of paralysis with duration of paralysis being prolonged in the delayed encephalopathy group. The duration of mechanical ventilation and encephalopathy is longer in the delayed encephalopathy as the patients require prolonged ventilatory support till the sensorium recovers.

PATTERN OF PARALYSIS AND ENCEPHALOPATHY AMONG
INDIVIDUAL ORGANOPHOSPHORUS COMPOUNDS

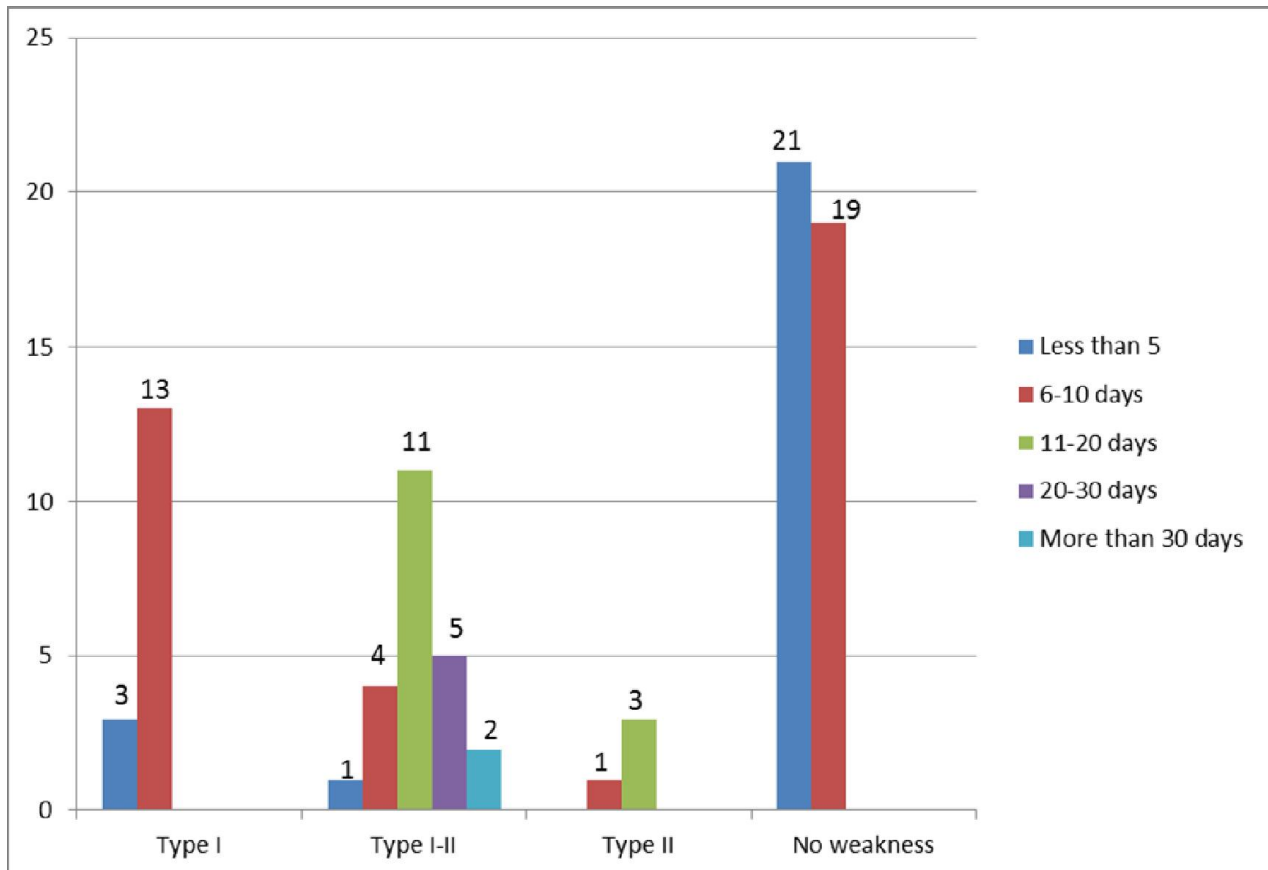
Table 20 - Pattern of Paralysis and encephalopathy with individual OP compounds.

	Quinalphos	Monocrotophos	Profenophos	Chlorpyrifos	Phorate
Frequency	11	10	10	9	9
No weakness (%)	5 (45.5%)	5(50%)	4(40%)	7(77.8%)	5(55.5%)
Type I weakness (%)	3(27.3%)	2(20%)	3(30%)	Nil	2(22.2%)
Type I-II Weakness (%)	3(27.3%)	3(30%)	2(20%)	1(11.1%)	2(22.2%)
Type II Weakness (%)	Nil	Nil	1(10%)	1(11.1%)	Nil
Early Encephalopathy (%)	3(27.3%)	3(30%)	2(20%)	1(11.1%)	2(22.2%)
Delayed Encephalopathy (%)	Nil	Nil	Nil	Nil	1(11.1%)
Mean duration of Paralysis(SD)	6 days (4.2)	9.33 days (5.03)	6 days (5.8)	6 days (4.25)	2 days (1.73)
Mean duration of Encephalopathy	1.25 days	1.67 days	1 day	1 day	4.67days

The above table describes different types of weakness and encephalopathy among 5 most common types of organophosphorus compounds in our study. The rates of different types of paralysis are nearly equal among the different types of compounds. The rates of early encephalopathy seem to be equal among the compounds. The mean duration of paralysis is longer among the patient with monocrotophos and phorate group. From this comparison we can see the incidence of paralysis and encephalopathy are equal among different compounds with the duration of paralysis and encephalopathy prolonged among the Monocrotophos group.

DURATION OF HOSPITAL STAY

Figure 13 Duration of Hospital stay

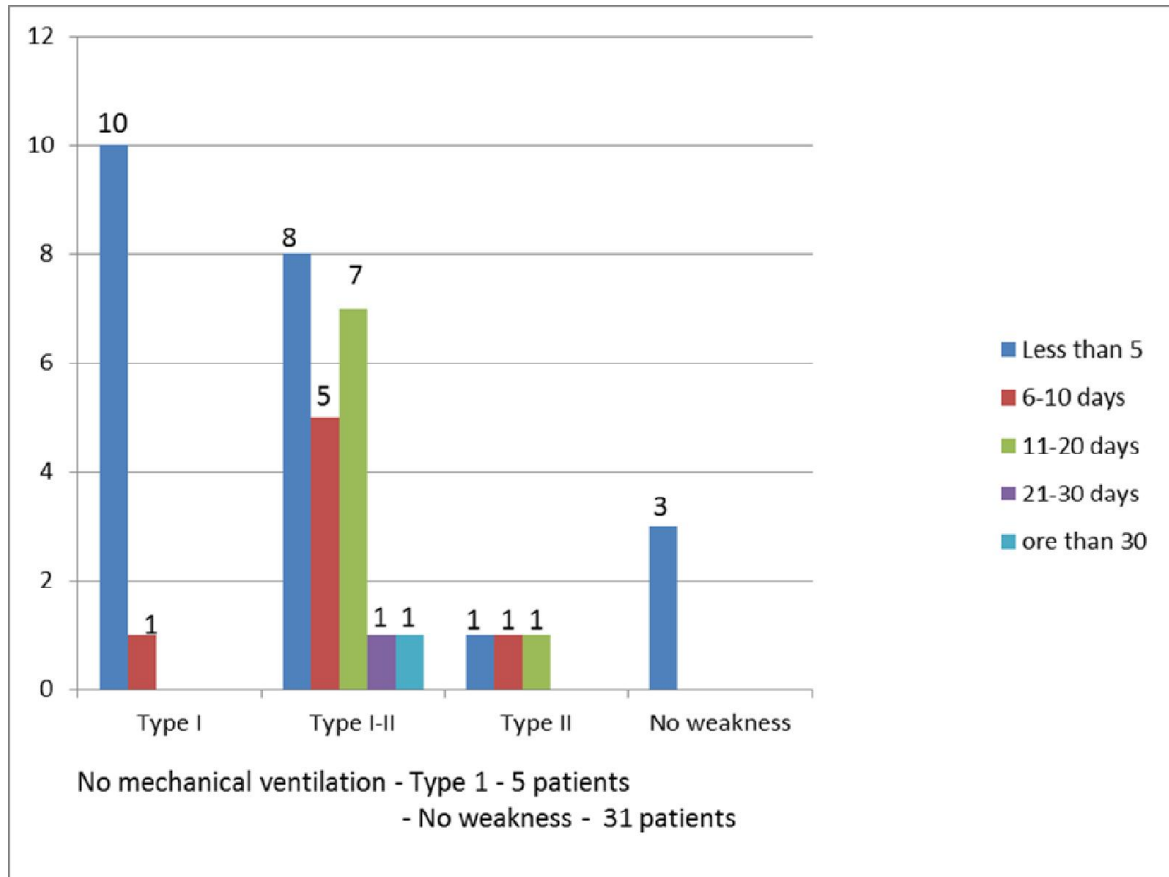


Mean duration of hospital stay among patients who had no weakness was 5.6 days(SD-1.6).

Mean duration of hospital stay in Type I weakness was 6.75 days (SD-1.39).Mean duration of hospitalisation in Type I-II continuum weakness was 18.09 days(SD-11.78). Mean duration of hospitalisation in Type II weakness 13.75 days(SD-4.5). The results suggest that the presence of paralysis and duration of paralysis prolong the duration of hospitalisation

MECHANICAL VENTILATION

Figure 14 Duration of mechanical ventilation

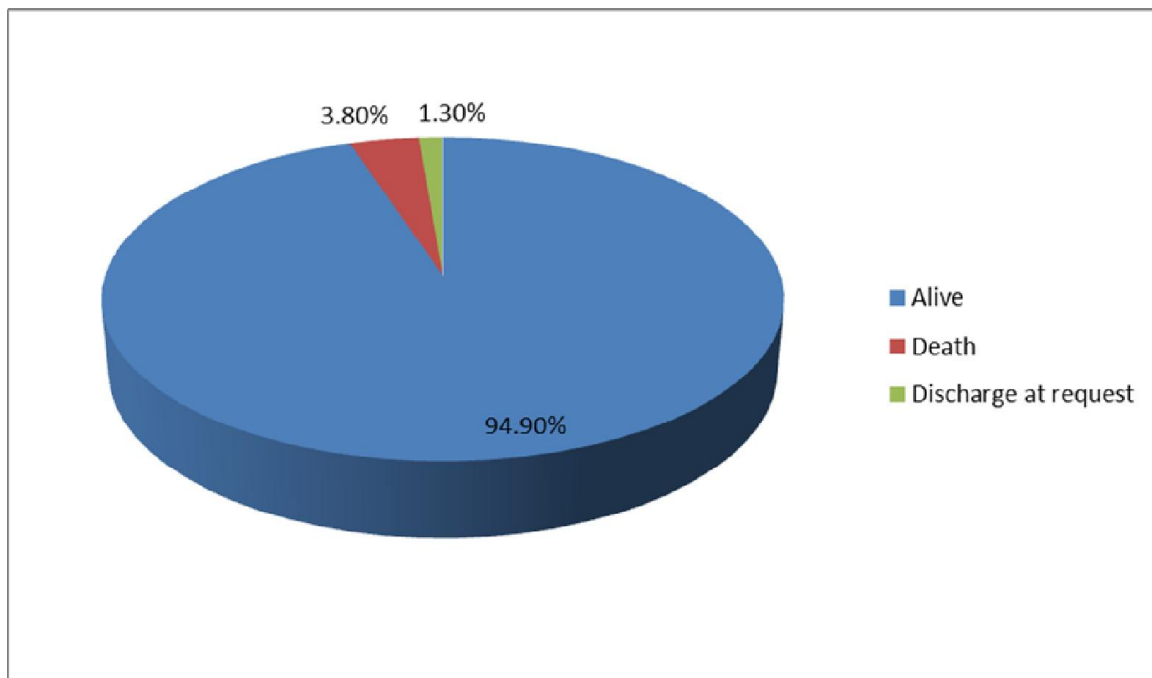


31 patients out of 78 patients with no weakness and 5 patients with Type I weakness did not require any mechanical ventilation. 10 patients with type I weakness, 8 patients with Type I-II continuum weakness, 1 patient with Type II weakness required mechanical ventilation less than 5 days. 1 patient with Type I weakness, 5 patients with Type I-II continuum weakness and 1 patient with Type II weakness required ventilation between 6 to 10 days. 7 patients with Type I-II weakness and 1 patient with Type II weakness required mechanical ventilation

between 11 to 20 days. 2 patients with Type I-II continuum weakness required mechanical ventilation for 22 days and 37 days.

HOSPITAL OUTCOME

Figure 15 Outcome of patients at discharge



74 patients (94.9%) were discharged alive and well. 3 patients were discharged at request and 1 patient died during treatment due to ventilator associated pneumonia and septic shock.

PREDICTORS OF INTERMEDIATE SYNDROME

The predictors of Intermediate syndrome that were assessed in this study are

- 1) WHO class of compound
- 2) Type of Compound
- 3) Neck muscle weakness at admission
- 4) GCS at admission
- 5) Namba score at admission
- 6) Pseudocholinesterase

1) WHO CLASS OF COMPOUND

Table 18 WHO class of compound and Intermediate syndrome

		NO IMS	IMS
WHO CLASS	I n %	19	9
		68%	32%
	II n %	22	9
		71%	29%
	III n %	7	3
		70%	30%
Pearson chi-square test – 0.743			

In order to calculate the significance of WHO class of compound, patients with WHO class I and II compound poisoning were considered to have a higher chance of developing IMS. But the difference was not statistically significant.

2) TYPE OF ORGANOPHOSPHORUS COMPOUND

Table 19 – Type of compound and Intermediate syndrome

		No IMS	IMS
TYPE	Dimethyl n %	18	7
		72%	28%
	Diethyl n %	23	10
		69.7%	30.3%
	S Alkyl n %	7	4
		63.4%	36.6%
Pearson chi-square test – 0.465			

The prevalence of Intermediate syndrome was nearly equal in the different type of compounds (dimethyl, diethyl and s-alkyl) and we did not demonstrate a statistically significant co-relation between the type of compounds and development of IMS.

3) NECK MUSCLE WEAKNESS AT ADMISSION

Table 20 Neck muscle at admission and Intermediate syndrome

		NO IMS	IMS
WEAKNESS	YES	16	21
	n		
	%	43.3%	56.7%
	NO	37	4
	n		
	%	90.2%	9.8%
Pearson chi-square test – 0.001			

56.7% of patients who had weakness at admission, went onto to develop IMS compared 9.8% of those who had no muscle weakness at admission. Neck muscle weakness assessed at admission was found to be a risk factor which was significantly associated development of IMS (p=0.001).

4) GLASGOW COMA SCALE

Table 21 Glasgow coma scale at admission and Intermediate syndrome

		NO IMS	IMS
GCS	>=13 n	40	12
	>= 8T %	%	30.4%
	<13 n	13	13
	<8 T %	52.9%	47.1%
Pearson chi-square test – 0.016			

47.1% of patients who presented with low GCS (<13 in non-intubated patients and <8 in intubated patients) went onto develop IMS compared to 30.4% in patients who normal GCS (>13 in non-intubated patients and >8 in intubated patients). Low Glasgow coma scale assessed at admission was found to be significantly associated with development of IMS (p=0.016) and maybe a risk factor for development of IMS.

5) SEVERITY OF POISONING ASSESSED BY NAMBA SCALE

Table 22 Severity of poisoning (Namba scale) and Intermediate syndrome

		NO IMS	IMS
NAMBA SCALE	LATENT n %	5	0
		100.0%	.0%
	MILD n %	16	1
		94%	6%
	MODERATE n %	16	6
		72.7%	27.3%
	SEVERE n %	16	18
		47%	53%
Pearson chi-square – 0.001			

In order to calculate the significance of Namba scale as a risk factor for developing IMS, Latent and mild poisoning were coupled together and were compared with patients with moderate and severe poisoning. No patient with latent OP poisoning and 6% of patients with mild OP poisoning (1 of 16 patients) developed IMS compared to 27.3% of those with moderate and 53% with severe poisoning. Moderate and severe poisoning were significantly more likely to develop IMS than latent and mild poisoning (p=0.001).

6) PSEUDOCHOLINESTRASE

Pseudocholinesterase is continuous variable, hence it was evaluated by Mann-Whitney test to as significance and median.

Table 23 Pseudocholinestrane and intermediate syndrome

	IMS	Frequency	Median	Minimum	Maximum
Pseudocholinestrane	No	53	266	37	10,725
	Yes	25	116	40	3457

The mean Pseudocholinestrane value in patients who developed IMS was 729.42 U/L compared to 3399.87 U/L in those who did not develop IMS and this was statistically significant ($p=0.002$). A normal BuChE at admission appears to predict that patients will not develop IMS and a low BuChE level appears to a risk factor for development of IMS

MULTIVARIATE ANALYSIS OF RISK FACTORS FOR INTERMEDIATE SYNDROME

The risk factors which were analysed by univariate analysis and the risk factors which had significance of more than 25 % were taken for multivariate analysis.

The following risk factors were assessed by multivariate analysis.

- 1) Neck muscle weakness at admission
- 2) Glasgow coma scale at admission
- 3) Severity assessed by Namba scale
- 4) Serum pseudocholinesterase levels done at admission
- 5) Type of Compound
- 6) WHO class of compound

Table 24 Multivariate analysis of risk factors of IMS.

	Chi-square test	P value	Odd's ratio	Confidence interval	
				Lower limit	Upper limit
WHO class	0.74	0.47	0.67	0.23	1.98
Type of Compound	0.47	0.74	0.84	0.29	2.45
Neck muscle weakness	0.001	<u>0.005</u>	<u>7.87</u>	<u>1.86</u>	<u>33.40</u>
GCS	0.02	0.64	1.38	0.36	5.34
Namba	0.001	0.57	1.78	0.25	12.77
Pseudocholinesterase		0.016	0.28	0.10	0.79

The risk factors which were significant in the univariate analysis (GCS, Namba scale and neck muscle weakness at admission) were analysed in the multivariate analysis.

Neck muscle weakness was found to be significantly associated with development of Intermediate syndrome ($p = 0.005$; OR = 7.87; CI = 1.86 – 33.4). Pseudocholinesterase levels also achieved statistical significance after multivariate analysis ($p = 0.016$; OR = 0.28; CI = 0.10 – 0.790). Glasgow coma scale ($p = 0.64$; OR = 1.38; CI = 0.36 – 5.34) and Namba scale ($p = 0.001$; OR = 1.78; CI = 0.25 – 12.77) which were significant in the univariate analysis lost their significance in the multivariate analysis.

PREDICTIVE SCORING SYSTEM

The Predictive scoring system was formed from a previous study which evaluated the risk factors for intermediate syndrome.

Components of Predictive scoring system: -

Table 25 Predictive score system

Risk factors	Maximum score	Minimum score
Muscle weakness at admission	4	0
Severity assessed by Namba	3 / 2	1
Glasgow coma scale at admission	2	1
WHO class of compound	2	1
Type of compound	2	1

The correlation between the scores and development of intermediate syndrome was done using receiver operating characteristics curve and results are as follows.

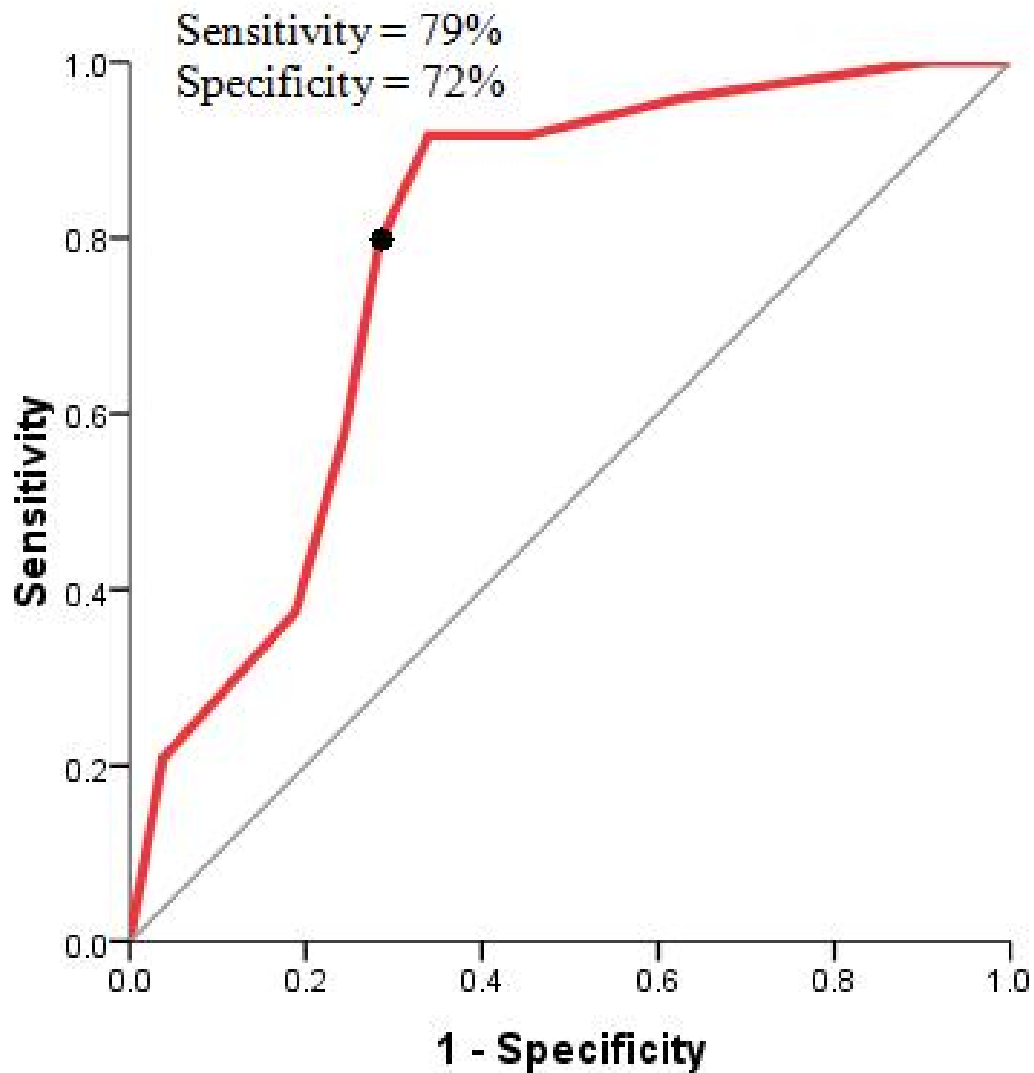


Figure 16 ROC curve - Predictive socring system

Area under the curve – 0.784

Standard error – 0.053

Confidence interval – 0.68 to 0.88

Table 26 Sensitivity and Specificity for predictive score

Score	Sensitivity	Specificity
2.00	1.000	0.000
3.50	1.000	0.019
4.50	1.000	0.094
5.50	0.958	0.377
6.50	0.917	0.547
7.50	0.917	0.660
8.50	0.875	0.679
9.50	0.792	0.717
10.50	0.583	0.755
11.50	0.375	0.811
12.50	0.208	0.962
14.00	0.000	1.000

The area under the curve was calculated to be 0.784, which indicates the test being evaluated is a fairly good test for assessing patients who may develop intermediate syndrome. The sensitivity and specificity for individual scores were calculated by plotting the area under the curve and the values are presented in the table above.

The test performs best for a score of 9.5 with sensitivity of 79.2% and specificity of 71.7%.

In order to test the scoring system the score with best sensitivity and specificity and two more scores – 1 score above the best score and 1 score below the best score was taken and the individual Sensitivity, specificity, positive predictive value, negative predictive value, likelihood ratios and post-test probabilities were calculated.

Table 27 Post-Test probability for individual predictive scores

Score	Sensitivity	Specificity	PPV	NPV	Likelihood ration	Post-test Probability
8.5	87.5	67.92	55.26	92.31	2.73	55%
9.5	79.17	71.70	55.88	88.37	2.8	56%
10.5	58.33	75.47	51.85	51.85	2.38	52

Table 28 Cross tabulation of predictive score and intermediate syndrome

Score	3	4	5	6	7	8	9	10	11	12	13
IMS-Yes	0	0	1	1	0	1	2	5	5	3	6
IMS-No	1	3	15	10	6	1	2	2	3	8	2

The predictive score at a score of 8 has a Sensitivity and specificity of 87.5% and 67.9% and Positive and negative predictive value of 55.2% and 92.3%. Among the patients in this study, 55% (22/40) with admission score ≥ 8 developed IMS compared to 5% (2/37) with score < 8 . For a patient to have a score of 8 based on clinical criteria, they would have neck muscle weakness (score of 4), moderate or severe poisoning (score of 2 or 3) with GCS < 13 (score of 2). A combination of all these clinical criteria, a patient has 55.2% likelihood of developing IMS. In the absence of any or all of these, the likelihood of developing IMS falls to 5%.

Hence with high sensitivity and high negative predictive value at a cutof score of 8, the scoring system can be a good tool to rule out patients who will not develop intermediate syndrome.

Discussion

DISCUSSION

CLINICAL PROFILE AT ADMISSION

78 patients were enrolled in our study to assess the temporal profile of encephalopathy and paralysis in patients who present with acute organophosphorus poisoning.

Incidence of Intermediate Syndrome

The incidence of Intermediate syndrome in our study was 33.4%. This rate was similar to earlier reports of incidence of intermediate syndrome reported from our institution that have varied from 37.5% (Lovely et al) and 47% in a study done by Peter et al.(10). However the incidence of Intermediate syndrome in published literature had been varied. , In contrast in a study done by Jayewardene et al in Sri Lanka reported the incidence of 11.5%. This may have been due to restriction of WHO class I compounds in Sri Lanka(20). However other studies from India have also reported lower incidences (Indira et al reported 17.6% incidence).(21)

Background characteristics and clinical profile

The background profile of OP poisoning in this study was similar to earlier descriptions, affecting the young adults (between 15-30 years), predominantly men and chiefly due to deliberate self harm (10)(22). The majority of patients were moderate to severely poisoned reflecting the high rates of cholinergic symptoms of salivation, vomiting and altered sensorium. Similarly three-fourth of the patients had received treatment in a local hospital before presenting to our hospital including gastric lavage, atropine and oximes reflecting the referral pattern of severely poisoned patients to our hospital.

Type of Organophosphorus poison consumed

As in earlier studies we were able to identify the OP compound in the majority of patients based on the history and the poison container brought with the patient. 88% patients had poisoning with an identified organophosphorus compound and the most common consumed compounds were Quinalphos (n=11), Monocrotophos (n=10) and Profenophos (n=10), Chlorpyrifos (n=9), Phorate (n=9). Four of the five most commonly consumed poisons were Class I and Class II compounds.. The distribution of type of compounds (Dimethyl-32%, Diethyl-52%) and WHO class (Class I-40.5%, Class II-45%) of compound among the identified were represented equally. These results are similar to the study by Lovely et al and indicate the predominant poison with highly toxic Class I and Class II OP compounds and the free access of these compounds in the Indian market and to the local community. The identification of compounds in the majority of case made it possible for us to study the association between specific compounds and the development of Intermediate syndrome.

Clinical profile of muscle paralysis in organophosphate poisoning

About half the patients did not develop any muscle paralysis. Of the other half, 20.5% developed early paralysis (Type I paralysis) and about 33.3% developed early paralysis that persisted beyond 72 hours (Type I and Type II paralysis continuum). Only a minority of 4 patients developed new onset weakness after 72 hours (pure Type II paralysis).

The analysis of the clinical features of muscle paralysis between Type I and Type I and II paralysis continuum in our study suggests that the main difference between these two is the severity of weakness and the duration of weakness.

These confirm the concept suggested by Mathew(14), Avasthi(19) and Jayawardane et al(20), that Type I and Type II paralysis are not separate clinical entities but that there is a continuum of the same paralysis. Patients with mild poisoning do not develop any paralysis. Patients with moderate to severe poisoning may develop muscle paralysis which recovers (Type I paralysis) or may continue to be paralysed for a longer period after the cholinergic signs improve (Type II paralysis). The chief determinant of whether a patient develops Type I or Type II paralysis appears to be the severity of poisoning.

Risk factors for the development of intermediate syndrome

Relationship between Type of OP compound, WHO class and specific compounds and intermediate syndrome.

In our study we found that the rates of IMS did not vary between WHO compound class, dimethyl and diethyl compounds and between most commonly ingested compounds. There was no statistical correlation between the type of compound and development of intermediate syndrome.(p value – 0.47) and between WHO class and development of Intermediate syndrome.(p value – 0.74).) This is in contrast to earlier studies have also shown that poisoning with organophosphorus compounds belonging to WHO class I and II had a higher chance of developing intermediate syndrome (2). Studies by Peter et al demonstrated that dimethyl compounds had a higher chance of developing intermediate syndrome (10). Senenayake also found association between specific compounds and the development of intermediate syndrome in his initial descriptions(23).

The results of our study suggest that IMS is class independent and compound independent complication of acute organophosphorus poisoning.

Severity of poisoning and the development of intermediate syndrome

In our study neck muscle weakness assessed at admission was found to be a significant risk factor for development of intermediate syndrome. ($p = 0.005$; CI 1.8 to 33.4). Sensorium assessed by Glasgow coma scale at admission and severity assessed by Namba scale were significantly associated with the development of intermediate syndrome. ($p = 0.016$ and p value $= 0.001$ respectively). Similar conclusions were drawn from a study done by Indira et al and she had described age more than 45 years, neck muscle weakness and poisoning severity score of more than 2 was associated with higher chance of developing respiratory failure.(21)

Pseudocholinesterase levels measured at admission correlated well with development of intermediate syndrome (p value $= 0.02$). Although the results for pseudocholinesterase as a risk factor for development of IMS are varied, Avasthi et al and Shailesh et al, in their studies have demonstrated an association between the same. Hence our study suggests that severe inhibition of pseudocholinesterase should provide a clue to the clinician to carefully monitor patients for the development of IMS (22)(19).

Although GCS and severity assessed by Namba scale had significant association with the development of IMS, after logistic regression and multivariate analysis, they failed to show significant correlation. This finding could be explained by the fact that the two risk factors may be related and hence the statistical significance is lost when combined in the multivariate analysis. The inter-relationship between parameters severity of poisoning, low GCS and neck muscle may be confounding their individual relation to IMS in a logistic regression analysis.

Nevertheless neck muscle weakness assessed at admission, GCS at admission and Severity of poisoning assessed by Namba scale can individually be used as a risk factor for prediction of intermediate syndrome in patients with acute organophosphorus poisoning. The analysis

seems to suggest that the most important pathogenetic factor leading to the development of IMS is a high poison load that causes central and peripheral Acetylcholinesterase inhibition manifesting with features of severe poisoning (cholinergic signs), low GCS and neck muscle weakness. The IMS appears to be class and compound independent phenomenon related to the severity of poisoning and the severity of Acetylcholinesterase inhibition.

CENTRAL AND PERIPHERAL NEUROMUSCULAR MANIFESTATIONS OF OP POISONING

Two most common complications of organophosphorus poisoning are muscle weakness and encephalopathy. Although various studies have described intermediate syndrome but there have been no prospective studies which have described them together. Peter et al in a retrospective study described delayed encephalopathy as altered sensorium developing after 72 hours of consumption of the toxin. In our study, early paralysis (Type I weakness) was seen in 16(20.5%) patients. Delayed paralysis (Type I-II and Type II weakness) was seen 26(33%) patients.

Early encephalopathy was seen in 23 patients (29.5%) and delayed encephalopathy, that is low sensorium developing after 72 hours after consumption or persisting low sensorium beyond 72 hours, was seen in 4(5%) patients. Early encephalopathy has been described in the history of acute organophosphorus poisoning by Wadia et al and it is well known that early encephalopathy can be caused by multiple factors such as toxic delirium secondary to the organophosphorus compound, central receptors dysfunction due the toxin or maybe secondary to atropine toxicity itself. Early encephalopathy has good response to treatment with atropine and resolves within a few days. In our study, patients with early encephalopathy had a mean duration of 1.26 days for recovery of altered sensorium and required mechanical

ventilation for a short duration as a supportive treatment during the recovery period (Mean ventilator days – 7.5days). The majority of patients with early encephalopathy had early muscle weakness (10(43.5%) patients with early encephalopathy among 23 patients who had early encephalopathy also had early type I paralysis).

Patient who had persisting low sensorium beyond 72 hours required prolonged ventilation (mean ventilator days – 14.75 days). All four patients who developed delayed encephalopathy also developed muscle weakness of varying duration (duration of muscle weakness – 13.75 days). The delayed encephalopathy and muscle weakness were coincident and parallel which suggests that similar mechanisms may be involved in both clinical phenomena. Hence we propose a similar mechanism which mediates intermediate syndrome maybe involved in patients who develop delayed encephalopathy.

These results appear to suggest that encephalopathy and muscle weakness are coincident manifestations of the same syndrome. There are three patterns of the relationship between encephalopathy and muscle weakness. In the early phase of severe poisoning, most patients have encephalopathy and muscle weakness. In the first pattern, encephalopathy and muscle weakness both recover in 72 hours (40%) which takes place in Type I paralysis. In the second pattern, encephalopathy recovers but the muscle weakness persists (40% of patients) which takes place in Type II paralysis. In third pattern which occurs in a minority of patients encephalopathy and muscle weakness persist and recover together, which is the Type II paralysis (IMS) with encephalopathy. We therefore suggest that the term, Delayed organophosphate encephalopathy (DOPE) (16) or CNS intermediate that has been proposed in earlier studies of encephalopathy may not be appropriate, as this syndrome appears to be part of the intermediate syndrome rather than a separate clinical syndrome. We suggest instead the term Intermediate-encephalopathy syndrome (IMES), where a minority of patients with IMS

have persisting encephalopathy with potential for good neurological recovery. Just as Type I and Type II paralysis (IMS) appear to part of continuum of paralysis, similarly early and delayed encephalopathy also appear to be a continuum of low GCS and the paralysis invariably occurs as part of the entire syndrome.

Probable mechanism of Encephalopathy – A hypothesis

Early encephalopathy is mediated by toxic effects of the organophosphorus compound and the dysfunction caused in the synapses in the central nervous system receptors (muscarinic and nicotinic receptors) and the altered sensorium responds well to treatment with atropine. On the other hand, atropine has no effect on delayed encephalopathy. Hence the mechanism of delayed encephalopathy must be a unique process and may be due to persistent inhibition of nicotinic receptors or downstream events at the cellular level.

In our study we have demonstrated that encephalopathy and persistent neuromuscular weakness are coincident in patients with acute organophosphorus poisoning and part of the same syndrome. Numerous mechanisms have been postulated for development of intermediate syndrome. Role of acetylcholinesterase inhibition and excessive stimulation by acetylcholine in the neuronal junction in the peripheral as well as central neuronal junctions have been studied in human and animal models.(24) Inhibited acetylcholinesterase 87% in striatum, 67% in hippocampus, 58% in cerebellum in rats that have been poisoned with monocrotophos, Hence the excessive and prolonged suppression of acetylcholinesterase enzyme in the central neuronal junctions may lead to the persistent altered sensorium.

The role of oxidative stress has been implicated in the progression of type I paralysis to type II paralysis and severely poisoned patients have a higher degree of oxidative stress and hence have higher chance of developing type II paralysis(25)(26). In our study we have seen that patients who present early encephalopathy the sensorium remains depressed in certain individuals, which parallels the progression of Type I paralysis to Type I-II continuum paralysis. In the rat model of monocrotophos poisoning significant lipid peroxidation and antioxidant enzymes were induced 8h after poisoning, directly correlated to high acetylcholinesterase inhibition (>67%) in all areas of the brain. Recovery from monocrotophos poisoning was associated with absence of lipid peroxidation in the brain although acetylcholinesterase inhibition persisted. In this study it was suggested that neurotoxicity of monocrotophos poisoning is characterized by oxidative damage in regions of the brain that exhibit high acetylcholinesterase activity and severe acetylcholinesterase inhibition and that recovery from poisoning is associated with prolonged induction of antioxidants that protect against oxidative damage. Whether oxidative stress plays a role in the mechanism of persisting low sensorium is a hypothesis which needs to be considered and further studies are needed.

Role of muscle injury and post synaptic structure have been postulated in the development of intermediate syndrome.(27)(28) In a study published in our institution, muscle enzymes were enzymes measured serially and it was observed that muscle injury was present at admission and it peaked at 5 days and decreased over the next 5 days.(14) The temporal profile of encephalopathy and paralysis seen in our study parallels a similar course, hence the role of

post synaptic structures acting at a sub-cellular level should be considered in the mechanism of persistent encephalopathy.

Inhibition of mitochondrial ATP synthase, decreased mitochondrial uptake of calcium and increased levels of nitric oxide with altered mitochondrial bioenergetics has been implicated in muscle paralysis in rat model of monocrotophos poisoning. (29) Energy is critical to muscle and it has been suggested that increased demand for energy and failure of energy supply may underlie muscle weakness in Intermediate syndrome. The brain too requires high energy levels. Since muscle weakness and encephalopathy occurs together and parallel each other, it is likely that there are similar mechanisms that operate downstream of acetylcholinesterase inhibition. Whether there are similar mechanisms to those that occurs in muscle weakness that operate in the brain, leading to ATP synthase inhibition and increase in the nitric oxide levels causing persistent encephalopathy is a possible direction for further study.

In our study we have demonstrated that all patients who developed delayed encephalopathy also developed intermediate syndrome but the frequency of delayed encephalopathy was seen much less common than intermediate syndrome.(Incidence of Intermediate syndrome – 33.3% and Delayed encephalopathy - 5.1%). The same observation was made by Peter et al when they had described delayed onset encephalopathy(16). Although the mechanisms of persistent encephalopathy are still unknown, there seems to be an underlying mechanism which makes it a rarer manifestation of acute organophosphorus poisoning when compared to type 2 paralysis. As we have proposed earlier in the discussion that intermediate syndrome and persistent encephalopathy might have a similar mechanism, there might a protective factor which prevents persistent encephalopathy from occurring. Animal studies show that induction of anti-oxidant mechanisms and cytoprotection may determine central nervous

system recovery after monocrotophos poisoning. We hypothesise that there is a failure of a central cytoprotective mechanism that leads to persistent encephalopathy.

In summary our hypothesis is that persistent acetylcholinesterase inhibition underlies both the intermediate syndrome and encephalopathy syndrome. Mechanisms similar to those that occurs in intermediate syndrome in muscle of oxidative stress and altered mitochondrial bioenergetics may also occur in the brain leading to encephalopathy. The failure of central antioxidant and cytoprotective mechanisms may lead to persistent encephalopathy in a minority of patients. This hypothesis offers direction for further research work into the mechanisms of the Intermediate-Encephalopathy syndrome.

NOTE ON PREDICTIVE SCORING SYSTEM

Intermediate syndrome is the most common complications and till date there is no effective treatment nor a tool to predict which patient will develop the complication. As the complication can arise 24 to 96 hours after the toxin consumption all patients with acute organophosphorus poisoning are observed in the hospital for a minimum of 5 days before discharge.(30) Studies have been conducted to predict the mortality associated with acute organophosphorus poisoning. Numerous studies have assessed generic scoring system such as International Program on Chemical Safety Poison Score (IPC PSS), Glasgow coma scale(31), Acute Physiology and Chronic Health Evaluation (APACHE) , Mortality Prediction Model (MPM) II , Simplified Acute Physiology Score(SAPS) II and Poisoning Severity Score (PSS)(32) to predict early neck muscle weakness which help in identifying patients who may require respiratory failure and mortality among organophosphorus poisoning patients. A score of above 2 in the IPC PSS and a low GCS can predict early

respiratory failure,(21) In a retrospective study done, APACHE II score and SAPS II score performed better than PSS and has been suggested to predict mortality in patients with acute organophosphorus poisoning. But in our study we have developed a predictive tool which can assist in emergency triage of patients to predict patients who have a lower chance of developing intermediate syndrome and can be managed safely in the ward or probably can be discharged from the ward earlier than 5 days.

Although numerous tools have been assessed for mortality prediction, this is the first time a tool for prediction on intermediate syndrome has been formulated. The predictive tool included sensorium assessed by Glasgow coma scale, Severity of poisoning assessed by Namba scale, type and WHO class of compound and neck muscle weakness assessed at admission. The predictive score performed well with area under the curve of 0.784 and sensitivity and specificity of 79% and 72% respectively. The positive predictive value negative predictive values were 56% and 92% respectively.

The predictive tool has a high sensitivity and negative predictive value, hence the tool can be used a screening tool at triage to decide on admission of the patient. Patients with low scores on the prediction role (less than 8) are at low risk of IMS and can be managed in the ward and patients with higher scores (8 or more) and have a 50% risk of developing IMS and require intensive monitoring in an ICU setting. This tool requires validation in a prospective study.

In our study, we also found that type of compound and WHO class of compound did not achieve statistical significance and the predictive tool does not utilise the entire range of the other risk factors as well. Hence if the risk factors (type and WHO class of compound) were removed from the scoring system and neck muscle weakness (MRC grade 1-5), Namba scale (Latent, mild, moderate, severe) and Glasgow coma scale(GCS 3-15) were represented as a

continuous variable, the test might yield better results. This provides an area for further work to develop a reliable clinical prediction rule.

Limitations

LIMITATIONS OF THE STUDY

Our study which looks at temporal relationship between peripheral muscular weakness and central encephalopathic manifestations was planned on 169 patients. But the final sample size was restricted to 78 patients due to time constraints. Hence the risk factor assessment maybe limited due to the smaller sample size.

The assessment of neuromuscular weakness and sensorium done among patients who were mechanical ventilation were done after stopping sedation for a minimum of 4 to 6 hours. Hence the assessment may have overestimated patients with encephalopathy.

SUGGESTIONS AND FUTURE DIRECTIONS

- 1) The predictive scoring system formed in this study can be further validated in a prospective study.
- 2) The predictive score formed in this study can be further refined if the components such as Namba scale, neck muscle weakness (MRC grade) and Glasgow coma scale are used as a continuous variable.
- 3) Further studies are required to understand the role of acetylcholinesterase inhibition, oxidative stress, altered mitochondrial bioenergetics and cytoprotection in encephalopathy in acute organophosphate poisoning

Conclusion

CONCLUSION

- 1) The Incidence of Intermediate syndrome observed in this study is 33.3%.
- 2) The risk factors for the development of intermediate syndrome identified in this study were: neck muscle weakness at admission (OR -7.87;CI – 1.86 - 33.4), sensorium assessed by Glasgow coma scale (OR - 1.38;CI – 0.36 -5.43) and severity of poisoning assessed by Namba scale(OR – 1.78;CI - 0.3 - 12.8). We have also observed that the type of compound, WHO class do not influence the occurrence of intermediate syndrome. The observations seen in our study suggests that the most important determinant of intermediate syndrome is the poison load, acetylcholinesterase inhibition and the resulting severity of poisoning.
- 3) Based on the risk factor analysis we propose a scoring system to predict the occurrence of Intermediate syndrome with sensorium assessed by Glasgow coma scale (maximum score – 2), Severity of poisoning assessed by Namba scale(maximum score – 3), type of compound(maximum score – 2), WHO class of compound(maximum score – 2) and neck muscle weakness(maximum score – 4). A score of < 8 is associated with a low risk of development of intermediate syndrome (area under the curve of 0.784 and sensitivity and specificity of 79% and 72% respectively). The positive predictive value negative predictive values were 56% and 92% respectively. The prediction score can be used to screen patients in accident and emergency to triage patients who can be shifted to the ward and discharged earlier and those who require intensive care.

- 4) Three patterns of muscle paralysis were identified in this study. About half the patients did not develop any muscle paralysis. 20.5% developed early paralysis (Type I paralysis); 33.3% developed early paralysis that persisted beyond 72 hours (Type I and Type II paralysis continuum); 4 (5.1%) patients developed new onset weakness after 72 hours (pure Type II paralysis). The only distinguishing features between Type I and Type II paralysis were the severity of weakness and the duration of weakness which were greater in Type II paralysis. These results support the concept of a Type I Type II paralysis continuum.
- 5) Early encephalopathy was seen in 23 patients (29.5%) and delayed encephalopathy, that is low sensorium developing after 72 hours after consumption or persisting low sensorium beyond 72 hours, was seen in 4 patients (5%). Patients who had developed delayed encephalopathy had low sensorium at admission, hence we have observed the early and delayed encephalopathy to be a spectrum disorder.
- 6) Three patterns of the relationship between encephalopathy and muscle weakness were observed in our study. In the early phase of severe poisoning, most patients have encephalopathy and muscle weakness. In the first pattern, encephalopathy and muscle weakness both recover in 72 hours (13%). In the second pattern, encephalopathy recovers but the muscle weakness persists (13% of patients). In third pattern which occurred in 4(5%) patients encephalopathy and muscle weakness persist for > 72 hours and recover together. The results suggest that encephalopathy and muscle weakness are closely inter-related phenomena both in early paralysis (Type I

paralysis) and delayed paralysis (Type II paralysis/intermediate syndrome). Based on the results we suggest that the delayed encephalopathy be referred to as intermediate-encephalopathy syndrome rather than Delayed organophosphate encephalopathy (DOPE). Although patients with persistent encephalopathy require prolonged ventilation, the neurological recovery and prognosis is good.

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Annexure I - **PROFORMA FOR THESIS:**

Serial number:

GENERAL INFORMATION

1. Patient name:
2. Patient ID:
3. Age:
4. Sex: 1.Male / 2.Female
5. Marital status: 1.married / 2. Single / 3. Others
6. Education: 1.Uneducated / 2.Educated
7. Profession: 1.Unskilled/2.Semi-skilled/3.Skilled

COMPOUND

8. Compound identified: Yes / no
9. Compound name:
10. Method by which compound identified: Name given by patient/leaflet/bottle brought
11. Type of compound : 1. Dimethyl / 2. Diethyl / 3. Others
12. Percentage of compound :
13. Compound quantity(volume):

DETAIL REGARDING INGESTION

14. Time and date of consumption:
15. Time and date of First medical contact:
16. Time and date of arrival ay CMC:
17. Treatment given outside : 1. Skin decontamination / 2.Induced Emesis / 3. Gastric Lavage/
4. Atropine / 5. PAM / 6.Intubation
18. Toxidrome: 1. Salivation / 2. Lacrimation / 3. Urination / 4. Defaecation / 5. Vomiting / 6.Seizures /
7. Breathlessness / 8. Fasciculations / 9.Altered sensorium
19. Severity of poisoning by Namba scale: Mild/Moderate/Severe

CLINICAL FEATURE – ON ADMISSION IN E&D

20. GCS at presentation:
21. Pupils size: PINPOINT / DILATED/ NORMAL (2-5MM)
22. Pulse rate at presentation:
23. Blood pressure at presentation:
24. Respiratory rate at presentation:
25. Saturation at presentation:
26. Neck muscle weakness: Present / Absent
27. Fasciculation : Present / Absent
28. Limb muscle weakness: Upper limb and lower limb

DATE										
29)GCS										
30)Heart rate										
31)Blood pressure										
32)Toxidrome										
33)Ptosis(1.Yes/2.no /3.others										
34)Facial muscle weakness(1.Yes/2.No /3.Others)										
35)Extra-ocular movements(1.Present /2.Absent)										
36)Power-Shoulder										
37)Power-Elbow										
38)Power-Hip										
39)Power-knee										
40)Power-Neck(Neck muscle weakness)										

41)Tone-Upper limb										
42)Tone-Lower limb										
43)Single breath count/FVC/Paradoxical respiration	.									
44)Reflex-Biceps										
45)Reflex-Knee										
49)Reflex-Plantar	.									
50)Fever(Fahrenheit)										
51)Time since last sedation:										
52)Atropine dose per day:										

53. Total duration of admission:

54. Total duration of mechanical ventilation(if applicable):

55. Outcome of patient: 1)Discharged and alive 2)discharged at request 3)Death

56. Comments:

SUMMARY

1. SERIAL NO
2. COMPOUND
3. TIME INTERVAL BETWEEN INGESTION AND FHC:
4. PARALYSIS: Type I paralysis/Type I-Type II paralysis (IMS) continuum/Type II paralysis alone (IMS)
5. DURATION OF PARALYSIS: Day ____ to Day ____.
6. MOST SEVERE PARALYSIS: Muscle weakness grade in upper ____ / lower limb ____.
7. LOWEST SCORE OF GCS: Day ____ to Day ____.
8. LOWEST SCORE OF GCS:
9. INTERMEDIATE SYNDROME – PRESENT / ABSENT
10. CENTRAL NERVOUS SYSTEM INVOLVEMENT – PRESENT / ABSENT
11. PREDICTIVE SCORE
 - a) Neck muscle weakness 4 / 0
 - b) Namba scale 3 / 2 / 1 / 0
 - c) GCS 2 / 1
 - d)Type 2 / 1
 - e)Class 2 / 1
 - TOTAL -

ANNEXURE II - PATIENT INFORMATION SHEET :

Scoring system to predict the development of Intermediate syndrome in patients with acute organophosphorus poisoning.

This study is to learn more about organophosphorus poisoning and its complications like weakness of muscles and altered sensorium following poisoning. Organophosphorus poisoning is very common problem we face in our region but still we still do not have complete details about its common complications and how to recognize patients who may develop these complications. By undergoing this study you are helping us to understand organophosphorus poisoning. This may help future patients by improving the treatment offered to them.

Participating in the study is entirely voluntary and you can decide to withdraw from the study at any point in time. This will not affect the treatment you will be undergoing in this hospital.

Participating in the study includes signing a consent form and some additional tests:

Electromyography(to assess your muscle function using a standard EMG machine which is safe and is being used regularly in our hospital).

The subject will be examined daily by routine clinical methods as done by your treating doctor. This will not cause any added discomfort to the patient.

As you can understand none of these tests involves any threat to life of the participant and will be mostly painless.

The information obtained in this study will be maintained confidential and the records will be accessed only the study investigators.

If at any point if you have any clarification you can contact me

(Contact Address:

Dr. Nirmal Raj Francis

Phone number : 09994393385

Department of General Medicine Unit – 1

Christian Medical College, Vellore

Tamil Nadu-632009)

ANNEXURE III – PATIENT CONSENT FORM

Scoring system to predict the development of Intermediate syndrome in patients with acute

organophosphorus poisoning.

PATIENT CONSENT FORM

Study Title: Temporal profile of central and peripheral neuromuscular features of acute Op poisoning.

Subject's Initials: _____ Subject's Name: _____

Date of Birth / Age: _____

Please initial box

(Subject)

(i) I confirm that I have read and understood the information sheet dated _____ for the above study and have had the opportunity to ask questions. []

(ii) I understand that my participation in the study is voluntary and that I am free to withdraw at any time, without giving any reason, without my medical care or legal rights being affected. []

(iii) I understand that the Sponsor of the clinical trial, others working on the Sponsor's behalf, the Ethics Committee and the regulatory authorities will not need my permission to look at my health records both in respect of the current study and any further research that may be conducted in relation to it, even if I withdraw from the trial. I agree to this access.

However, I understand that my identity will not be revealed in any information released to third parties or published. []

(iv) I agree not to restrict the use of any data or results that arise from this study provided such a use is only for scientific purpose(s) []

(v) I agree to take part in the above study. []

Signature (or Thumb impression) of the Subject/Legally Acceptable Representative: _____

Date: ____/____/____

Signatory's Name: _____

Signature of the Investigator: _____

Date: ____/____/____

Study Investigator's Name: _____

Signature of the Witness: _____

Date: ____/____/____

Name of the Witness: _____

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1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100
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1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70	71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88												

ANNEXURE V – DATA SHEET

50	60	70	80	90	100	110	120	130	140	150	160	170	180	190	200	210	220	230	240	250	260	270	280	290	300	310	320	330	340	350	360	370	380	390	400	410	420	430	440	450	460	470	480	490	500	510	520	530	540	550	560	570	580	590	600	610	620	630	640	650	660	670	680	690	700	710	720	730	740	750	760	770	780	790	800	810	820	830	840	850	860	870	880	890	900	910	920	930	940	950	960	970	980	990	1000	1010	1020	1030	1040	1050	1060	1070	1080	1090	1100	1110	1120	1130	1140	1150	1160	1170	1180	1190	1200	1210	1220	1230	1240	1250	1260	1270	1280	1290	1300	1310	1320	1330	1340	1350	1360	1370	1380	1390	1400	1410	1420	1430	1440	1450	1460	1470	1480	1490	1500	1510	1520	1530	1540	1550	1560	1570	1580	1590	1600	1610	1620	1630	1640	1650	1660	1670	1680	1690	1700	1710	1720	1730	1740	1750	1760	1770	1780	1790	1800	1810	1820	1830	1840	1850	1860	1870	1880	1890	1900	1910	1920	1930	1940	1950	1960	1970	1980	1990	2000	2010	2020	2030	2040	2050	2060	2070	2080	2090	2100	2110	2120	2130	2140	2150	2160	2170	2180	2190	2200	2210	2220	2230	2240	2250	2260	2270	2280	2290	2300	2310	2320	2330	2340	2350	2360	2370	2380	2390	2400	2410	2420	2430	2440	2450	2460	2470	2480	2490	2500	2510	2520	2530	2540	2550	2560	2570	2580	2590	2600	2610	2620	2630	2640	2650	2660	2670	2680	2690	2700	2710	2720	2730	2740	2750	2760	2770	2780	2790	2800	2810	2820	2830	2840	2850	2860	2870	2880	2890	2900	2910	2920	2930	2940	2950	2960	2970	2980	2990	3000	3010	3020	3030	3040	3050	3060	3070	3080	3090	3100	3110	3120	3130	3140	3150	3160	3170	3180	3190	3200	3210	3220	3230	3240	3250	3260	3270	3280	3290	3300	3310	3320	3330	3340	3350	3360	3370	3380	3390	3400	3410	3420	3430	3440	3450	3460	3470	3480	3490	3500	3510	3520	3530	3540	3550	3560	3570	3580	3590	3600	3610	3620	3630	3640	3650	3660	3670	3680	3690	3700	3710	3720	3730	3740	3750	3760	3770	3780	3790	3800	3810	3820	3830	3840	3850	3860	3870	3880	3890	3900	3910	3920	3930	3940	3950	3960	3970	3980	3990	4000	4010	4020	4030	4040	4050	4060	4070	4080	4090	4100	4110	4120	4130	4140	4150	4160	4170	4180	4190	4200	4210	4220	4230	4240	4250	4260	4270	4280	4290	4300	4310	4320	4330	4340	4350	4360	4370	4380	4390	4400	4410	4420	4430	4440	4450	4460	4470	4480	4490	4500	4510	4520	4530	4540	4550	4560	4570	4580	4590	4600	4610	4620	4630	4640	4650	4660	4670	4680	4690	4700	4710	4720	4730	4740	4750	4760	4770	4780	4790	4800	4810	4820	4830	4840	4850	4860	4870	4880	4890	4900	4910	4920	4930	4940	4950	4960	4970	4980	4990	5000	5010	5020	5030	5040	5050	5060	5070	5080	5090	5100	5110	5120	5130	5140	5150	5160	5170	5180	5190	5200	5210	5220	5230	5240	5250	5260	5270	5280	5290	5300	5310	5320	5330	5340	5350	5360	5370	5380	5390	5400	5410	5420	5430	5440	5450	5460	5470	5480	5490	5500	5510	5520	5530	5540	5550	5560	5570	5580	5590	5600	5610	5620	5630	5640	5650	5660	5670	5680	5690	5700	5710	5720	5730	5740	5750	5760	5770	5780	5790	5800	5810	5820	5830	5840	5850	5860	5870	5880	5890	5900	5910	5920	5930	5940	5950	5960	5970	5980	5990	6000	6010	6020	6030	6040	6050	6060	6070	6080	6090	6100	6110	6120	6130	6140	6150	6160	6170	6180	6190	6200	6210	6220	6230	6240	6250	6260	6270	6280	6290	6300	6310	6320	6330	6340	6350	6360	6370	6380	6390	6400	6410	6420	6430	6440	6450	6460	6470	6480	6490	6500	6510	6520	6530	6540	6550	6560	6570	6580	6590	6600	6610	6620	6630	6640	6650	6660	6670	6680	6690	6700	6710	6720	6730	6740	6750	6760	6770	6780	6790	6800	6810	6820	6830	6840	6850	6860	6870	6880	6890	6900	6910	6920	6930	6940	6950	6960	6970	6980	6990	7000	7010	7020	7030	7040	7050	7060	7070	7080	7090	7100	7110	7120	7130	7140	7150	7160	7170	7180	7190	7200	7210	7220	7230	7240	7250	7260	7270	7280	7290	7300	7310	7320	7330	7340	7350	7360	7370	7380	7390	7400	7410	7420	7430	7440	7450	7460	7470	7480	7490	7500	7510	7520	7530	7540	7550	7560	7570	7580	7590	7600	7610	7620	7630	7640	7650	7660	7670	7680	7690	7700	7710	7720	7730	7740	7750	7760	7770	7780	7790	7800	7810	7820	7830	7840	7850	7860	7870	7880	7890	7900	7910	7920	7930	7940	7950	7960	7970	7980	7990	8000	8010	8020	8030	8040	8050	8060	8070	8080	8090	8100	8110	8120	8130	8140	8150	8160	8170	8180	8190	8200	8210	8220	8230	8240	8250	8260	8270	8280	8290	8300	8310	8320	8330	8340	8350	8360	8370	8380	8390	8400	8410	8420	8430	8440	8450	8460	8470	8480	8490	8500	8510	8520	8530	8540	8550	8560	8570	8580	8590	8600	8610	8620	8630	8640	8650	8660	8670	8680	8690	8700	8710	8720	8730	8740	8750	8760	8770	8780	8790	8800	8810	8820	8830	8840	8850	8860	8870	8880	8890	8900	8910	8920	8930	8940	8950	8960	8970	8980	8990	9000	9010	9020	9030	9040	9050	9060	9070	9080	9090	9100	9110	9120	9130	9140	9150	9160	9170	9180	9190	9200	9210	9220	9230	9240	9250	9260	9270	9280	9290	9300	9310	9320	9330	9340	9350	9360	9370	9380	9390	9400	9410	9420	9430	9440	9450	9460	9470	9480	9490	9500	9510	9520	9530	9540	9550	9560	9570	9580	9590	9600	9610	9620	9630	9640	9650	9660	9670	9680	9690	9700	9710	9720	9730	9740	9750	9760	9770	9780	9790	9800	9810	9820	9830	9840	9850	9860	9870	9880	9890	9900	9910	9920	9930	9940	9950	9960	9970	9980	9990	10000	10010	10020	10030	10040	10050	10060	10070	10080	10090	10100	10110	10120	10130	10140	10150	10160	10170	10180	10190	10200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